

Position Title: Group Fitness Instructor (Aquafit, CycleFit, Pilates, Boot Camp & HIIT, STRONG Nation or

Kickboxing, DrumFit or Drumming, Zumba)

Location: Ron Edwards Family YMCA, 500 Drury Lane, Burlington, ON L7R 2X2

Position Type: Part-Time **Hourly Wage:** \$25.50/hour

Position Description:

The Group Fitness Instructor – (Aquafit, CycleFit, Pilates, Boot Camp & HIIT, STRONG Nation or Kickboxing, DrumFit or Drumming, Zumba) will be responsible for the coordination and direct delivery of their assigned group fitness classes.

This position is part-time position with a flexible schedule based on programming needs. This may include mornings, afternoons, evenings, weekends with an emphasis on Group Fitness, program reviews and the provision of excellent customer service.

In this position, you will:

- Direct delivery of (Aquafit, CycleFit, Pilates, Boot Camp & HIIT, STRONG Nation or Kickboxing, DrumFit or Drumming, Zumba) fitness classes, modeling service excellence in assigned program areas;
- Interaction with members developing positive relationships and addressing concerns or questions;
- Maintain relevant certifications/licenses;
- Required to work a variety of shifts which may include weekends, evenings, holidays and early mornings;
- Attend scheduled training events and staff meetings at outlined training wage.

You bring:

- Current Standard First Aid and CPR-C certification
- Up to date and relevant Group Fitness Certifications and/or License such as YMCA Group Fitness or equivalent
- Previous experience in teaching group fitness classes, i.e Boot Camp, AquaFit
- Excellent customer service skills
- Must provide a current Criminal Record and Judicial Matters Check (issued within the past 6 months)
 is a condition of employment as per the Association's policy



Interested in applying?

Please submit your resume to: **Andrea Sandhu, Health & Wellness Supervisor at andrea.sandhu@ymcahbb.ca**

To view and apply for positions as a **current employee**, please log into your UKG account and click "My Company", then "View Opportunities" in the sidebar menu.

The YMCA of Hamilton|Burlington|Brantford is committed to creating an inclusive, diverse, equitable and accessible environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, sexual orientation, national origin, genetics, disability, age, or neurodiversity.

We understand the social barriers preventing individuals from applying for open roles. We encourage those from the Indigenous, 2SLGBTQIA+, BIPOC, and Disabled communities to apply.

If you need any accommodation throughout the recruitment process, please do not hesitate to contact our People, Leadership and Culture Department plc@ymcahbb.ca