



**YMCA of
Hamilton | Burlington | Brantford**

Group Fitness Specialist

Flamborough Family YMCA
207 Parkside Drive
Waterdown, ON
L8B 1B9

Salary Range: \$36,320 - \$38,320 annually

Position Status: Full-time with benefits and complementary YMCA membership

Placement: Immediate

Nature & Scope

Reporting to the General Manager, this position provides delivery of Member retention programs and Live Well program initiatives. The Specialist is responsible for the member satisfaction related to group fitness and LiveWell programs. Ensuring safe, quality delivery of programs.

This is a full-time position and requires a flexible schedule based on programming needs. This may include mornings, afternoons, evenings, weekends with an emphasis on group fitness delivery, program reviews, planning and administration, facility supervision, maintenance and the provision of excellent customer service.

Responsibilities

- Direct delivery of Live Well program initiatives (coaching sessions, intakes, program delivery, data collection, communication, program evaluation and research trails)
- Recruitment, selection, training, scheduling and evaluation of group fitness staff and volunteers
- Direct program coverage (85% of total hours) modelling service excellence in assigned program areas
- Provide leadership to fitness classes, gym-based or aquatic
- Maintain relevant certifications for all instructors
- Assist in maintaining YMCA Priority SAM standards as related to Group fitness and LiveWell programming
- Responsibility for training/mentoring of new instructors
- Department administration including monthly tracking of key performance indicators and payroll
- Responsible for Group Fitness and LiveWell staff scheduling
- Works as an active member of the Branch Leadership Team with scheduled Manager on Duty responsibilities

APPLY NOW

If you are interested in this position, please submit your letter of application and resume by **November 20, 2023** attention:

Cindy Webster, General Manager
Cindy.webster@ymcahbb.ca

We thank all applicants, however, only those considered for an interview will be contacted.

Inclusion, Diversity, Equality and Accessibility

The YMCA of Hamilton, Burlington, Brantford is committed to creating an inclusive, diverse, equitable and accessible environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, sexual orientation, national origin, genetics, disability, age, or neurodiversity.

We understand the social barriers preventing individuals from applying for open roles. We encourage those from the Indigenous, 2SLGBTQIA+, BIPOC, and Disabled communities to apply.

If you need any accommodation throughout the recruitment process, please do not hesitate to contact our People, Learning and Culture (HR) department hr@ymcahbb.ca.



Charitable Registration #
10808 3825 RR0001





Qualifications

- Post-secondary degree in Kinesiology or Exercise Science is an asset
- 2 or more years of training/post-secondary education in Physical and/or Health Education or related field along with 1+ years related work experience or a combination of both education and experience is preferred
- Minimum 2 years' experience in a related field
- Current CPR, Standard First-Aid
- Provide a current Police Records Check/Vulnerable Sector Screening in accordance with the Association's Human Resource Policies
- Excellent customer service skills/ interpersonal skills
- YMCA Leadership Certification in Individual Conditioning (IC 1 and 2), Group Fitness, Personal Trainer (or other recognized certifications)
- Computer skills including Microsoft Word & Excel, & Outlook

Why Work for the YMCA?

As a charitable organization, the YMCA values the contributions of its diverse teams. We recognize the importance of providing meaningful opportunities that allow employees to grow and thrive. At the YMCA of Hamilton/Burlington/Brantford in addition to fair wages, we offer a complimentary general membership with additional options for family participation. A comprehensive benefits program is also available to employees including a competitive and robust pension program. YMCA Employees enjoy a generous vacation entitlement that increases with seniority, as well as other paid entitlements. All employees have access to an Employee Assistance Program which provides confidential counseling and referral services as well as preventative education. Additionally, the YMCA understands the holistic needs of its employees is equally important and attempts to support these goals by offering a variety of staff discounts on the programs and services that support good health and strong families. We look forward to welcoming you to the YMCA.



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