



**YMCA of
Hamilton | Burlington | Brantford**

Group Fitness Instructors – Seniors Programs

Positions available in the following branches

Les Chater Family YMCA
Ron Edwards Family YMCA
Laurier Brantford YMCA
Flamborough Family YMCA
Hamilton Downtown YMCA

Hourly Wage: \$25.50/hour

Position Status: Part-Time

Placement: Immediate

Nature & Scope

The Group Fitness Instructor – Seniors Programs will be responsible for the direct delivery of senior group fitness classes such as GentleFit, Balance+, WalkFit, hydrotherapy. A number of these programs are included in our LiveWell partnership with Hamilton Health Sciences and McMaster University and have been specifically designed to support chronic disease self management. This role will help to support healthy, active aging and social connection.

This position is part-time position with a flexible schedule based on programming needs. This may include mornings, afternoons, evenings, weekends with an emphasis on Group Fitness, program reviews and the provision of excellent customer service.

Responsibilities:

- Direct delivery of senior fitness classes, modeling service excellence in assigned program areas
- Interaction with members developing positive relationships and addressing concerns or questions
- Maintain relevant certifications
- Required to work a variety of shifts

Qualifications:

- Current Standard First Aid and CPR-C certification
- Up to date and relevant Group Fitness Certifications – such as YMCA Group Fitness, Senior Fitness Instructor (SFIC) or equivalent (CanFit Pro)
- Previous experience in teaching senior group fitness classes, i.e WalkFit, GentleFit.
- Excellent customer service skills
- Must provide a current Criminal Record and Judicial Matters Check (issued within the past 6 months) is a condition of employment as per the Association's policy

Apply Now

If you are interested in this position, please [CLICK HERE](#) to complete the YMCA Employment Application form and follow the instructions for submitting your cover letter and resume, along with documentation to verify requirements of the position.

We thank all applicants, however, only those considered for an interview will be contacted.

Accessibility:

The YMCA of Hamilton/Burlington/Brantford is committed to creating an inclusive environment that accommodates all individuals, including those with disabilities. We support the goals of the *Accessibility for Ontarians with Disabilities Acts (AODA)* and have established policies, procedures and practices which adhere to the accessibility standards set out in the AODA. Should you require any accommodation throughout the recruitment process please do not hesitate contacting our Human Resources Department.

The YMCA of Hamilton/Burlington/Brantford is an equal opportunity employer.



Charitable Registration #
10808 3825 RR0001





Competencies:

Commitment to Organization Vision and Values

Demonstrates and promotes a personal understanding of and appreciation for the Mission, Vision, strategic outcomes and values of the YMCA

Quality Focus

Ensures that YMCA programs and services are superior

Concern for Health and Safety

Acknowledges and understands how to manage and educate others of risk and harm reduction

Diversity

Appreciates that people with different opinions, backgrounds and characteristics bring richness to the YMCA

Service Orientation

Deliberately identifies and creates opportunities to enhance each and every individual's YMCA experience

Internal Applicants:

The YMCA of Hamilton/Burlington/Brantford encourages employees within the Association, as well as those employed within the Canadian YMCA/YMCA-YWCA Federation to submit their application.

Please note that in so doing, the YMCA of Hamilton/Burlington/Brantford reserves the right to contact the applicable YMCA or YMCA-YWCA for purposes of seeking an employment reference throughout the recruitment process.

Please ensure that prior to submitting your application that you have disclosed to your current supervisor, your intention to submit your application. By submitting your application, you understand and agree to allow the YMCA of Hamilton/Burlington/Brantford to contact your current Association.

Organizational Overview:

As one of the largest charitable community service organizations in Canada, the YMCA of Hamilton/Burlington/Brantford responds to critical social needs in the community and works to provide solutions. By nurturing the potential of children, youth and adults, the YMCA connects people to life-building opportunities, to each other and enhances their quality of life. We foster social responsibility and healthy living. The YMCA works collectively with community partners that share the YMCA's determination in strengthening the foundations of community for all people.

This position requires a commitment to the YMCA mission and core values of: Belonging, Caring, Honest, Respect and Responsibility, as well as, a commitment to building developmental assets in children and adults. All offers of employment will be subject to the provision that the successful incumbent provides the YMCA of Hamilton/Burlington/Brantford with a current and satisfactory Police Records Check. Positions responsible for the direct supervision of children and/or vulnerable persons will be required, in addition to a Police Records Check, to provide a Vulnerable Sector Screening Report at the time of hire.



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