



YMCA WANAKITA OUTDOOR CENTRE

Experience Planning Guide

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YMCA of
Hamilton | Burlington | Brantford

YMCA WANAKITA

What is YMCA Wanakita Outdoor Centre?

Since 1973, throughout the fall, winter and spring months, the YMCA Wanakita Outdoor Centre has provided a welcoming, supportive, and challenging environment for a wide range of individuals and groups of all ages. Located on a 1000 acre property on the shores of Koshlong Lake in the Haliburton Highlands, Wanakita has an abundance of forest and wetlands for use in all seasons.

Hosting thousands of participants each year, the YMCA Wanakita Outdoor Centre prides itself on its dedication to delivering high quality outdoor education and recreation programs to people of all ages. The programming focuses on fostering self-awareness and growth and can be catered to a group's specific goals and objectives. Groups that attend the Outdoor Centre include elementary schools, high schools, post-secondary schools, businesses, families, clubs, and special interest groups.

What We Offer

Groups will work with our Outdoor Centre Team to plan their program experience by creating a schedule of their visit. The schedules are created to ensure we meet the needs of your group whether you are visiting for 1,2,3 or more days. If your group is looking to foster community, build leadership or simply have fun in the great outdoors, we're excited to work with you to create an engaging program not soon to be forgotten.

Programs are delivered by trained Wanakita instructors, with potential for collaboration from your faculty and participants. Wanakita programs are designed with reference to industry standards such as Ontario Camping Association Standards, Ontario Physical Health and Education Association (OPHEA) standards as well as other industry guidelines and standards. Please ask the Outdoor Centre Team for more details.



Wanakita Program Goals

- Participants will experience self-reliance, responsibility and leadership that positively impacts their community.
- Encourage participants to partake in healthy, active lifestyles through engagement with the outdoors and experiences with nature.
- The Wanakita experience will teach participants about working with others, cooperative living, friendship and interdependence.
- Programming is structured around the YMCA's vision of creating healthy communities in which individuals and families have opportunities to reach their potential. Our choices are informed by the core values of Belonging, Caring, Honest, Respect and Responsibility.



YMCA Wanakita Outdoor Centre Program Activities

Spring / Fall Activities	Winter Activities	All Season Activities	
• Archery	• Broomball	• Action Auction	• Initiatives
• Canoeing	• Cross-Country Ski Lesson	• Campfire	• Iron Chef
• Kayaking	• Cross-Country Ski Trek	• Capture the Flag	• Low Ropes
• Lunch Cookout / Canoe	• Night Ski - Across Lake	• Crafts	• Night Hike
• Overnight Campout	• Orient: Map & Compass / Snowshoe	• Disc Golf	• Orienteering – Compass
• Polar Bear Dip / Morning Dip	• Quinzhee Sleepout	• Drumming	• Orienteering – Discovery
• Scavination	• Snowshoeing	• Eco-Hike	• Plutonium Defenders
• Voyageur Canoeing	• Tobogganing	• Fire Building	• Running Pictionary
		• Group Games	• Survival
		• High Ropes	• WALO

Please Note: Activities listed are not all-encompassing. Please plan with the Outdoor Centre Director Team if you want to include an activity in your group's visit that is not included on our list.

Small Group Activities & Rotation Programs

During the day, groups visiting Wanakita will be split into rotation groups of 15 – 20 participants to partake in activities in a rotation style format. Each rotation group rotates through pre-determined activities so all participants experience each activity and no two groups are at the same activity at the same time. One of our staff will lead and instruct activities for each rotation group to provide a safe, educational and enjoyable experience. Activities will be planned with the Outdoor Centre Director Team prior to arrival and group leaders are asked to create and submit rotation groups to the Outdoor Centre Director Team prior to arrival. See sample schedule for reference.

● **Archery** (Grades 5 & up)

Participants will learn about safety, history and basic archery technique, before practicing shooting a bow-and-arrow in exciting target practice activities.

● **Canoeing** (Grades 5 & up)

This lesson begins with an on-land component where participants learn about safety, history, care of equipment, canoe strokes and paddling maneuvers before taking to the water to put their learning into action. Lessons can focus on fun and games or refinement of canoeing skills. This is a great opportunity

to learn the basics of canoeing before departing for an over-night campout or lunch cookout across the lake.

● **Kayaking** (Grades 5 & up)

Kayaking lessons emphasizes safety, history, care of a kayak and its associated equipment, kayaking strokes, paddling maneuvers, games and fun. Groups may paddle the lake or explore a local swamp close up!

Small Group Activities & Rotation Programs

● **Voyageur Canoeing** (Grades 1 & up)

A lesson embedded with history and culture, this fun paddle program will teach teamwork and cooperation, while taking participants back to the time of the voyageurs, learning how they lived and worked. This lesson is also ideal for a group of participants who might not yet be ready to paddle in smaller canoes.

● **Broomball** (Grades 5 & up)

A mix of hockey and soccer, Broomball is a team sport played on ice, with sticks resembling brooms and boots instead of skates. A fun and energetic program great for all skill levels, there is focus on fair play and teamwork. Participants are provided with full cage hockey helmets, knees pads and elbow pads.

● **Cross-Country Ski Lesson** (Grades 5 & up)

This lesson begins with a brief history of cross-country skiing, followed by equipment sizing and use, instruction on a flat ski field and an introduction to hill techniques.

● **Cross-Country Ski Trek** (Grades 5 & up)

Building on the skills learned in their Cross-Country Ski Lesson, participants will take to the trails for a longer Cross-Country Ski Trek. Cross-Country Ski Lesson is a prerequisite for Cross-Country Ski Trek.

● **Orienteering – Map & Compass Snowshoe Trek** (Grades 9 & up)

This is a program designed as a team-building activity for older participants. Participants are given the responsibility to take turns leading the group off-trail through the woods, using a map and compass. After a thorough lesson on how to use a map and compass, participants will pack a lunch (or bring food for a cook-out) and head out into the woods for several hours, returning back to camp before dinner.

● **Snowshoeing** (Grades 1 & up)

In this lesson, participants will learn about the history of snowshoeing and proper use of different snowshoe types/styles before taking to the forest to explore, play games, and learn about winter ecology.

● **Tobogganing** (Grades K & up)

Fun for all ages, this program allows participants to experience downhill fun using Wanakita's winter tobogganing sleds and tubes on our single-track hill. Mandatory helmets are provided.

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Small Group Activities & Rotation Programs

● **Crafts** (Grades K & up)

A variety of indoor and outdoor crafts are available. Focused on history, culture or simply creativity and fun, crafts are a great break from the other high-energy activities we offer.

● **Disc Golf** (Grades 4 & Up)

With our mobile disc golf targets, groups create their own custom disc golf course around the Wanakita site. Frisbees are supplied and groups travel around choosing where to place the target for each hole. From open fields to forests, groups can make their course as easy or as hard as they want. A score can be kept or participants can simply play for fun!

● **Drumming** (Grades 1 & up)

Fun for all skill levels, this program starts with the history of African Djembe drums and explores rhythm using various types of instruments and music activities.

● **Eco-Hike** (Grades K & up)

In this program, participants will hike through the forest exploring and learning about the natural ecology of the land. The hike culminates at a wetland with an up-close look at a real beaver dam and beaver lodge. With a little luck, you might just see a beaver in its natural habitat!

● **Fire Building** (Grades 4 & up)

A hands-on program with the goal of teaching participants how to build and maintain a fire. Participants will learn about fire safety and fire structure before building their own fires from materials found in the forest! Fire building is a great program to precede an over-night campout or lunch cookout.

● **Group Games** (Grades K & up)

These games are played in open spaces with groups of participants with the intention of bringing everyone together for group cooperation, non-stop action, creativity and fun.

● **High Ropes** (Grades 5 & up)

With a focus on communication and teamwork, groups can choose from a variety of 30 - 40-foot-high ropes elements to include in their visit. Participants are provided with harnesses, helmets and a full safety lesson prior to climbing and all high rope elements are "challenge by choice". Wanakita offers dynamic style elements through our Dangle Duo,

Small Group Activities & Rotation Programs

Climbing Wall, Team Tower, Teeter Totter and our four-sided Quadzilla. Static style elements are also offered through our Challenge Course. In the winter, accessibility to certain courses may change.

**Due to staffing requirements, there is an additional flat fee for the Challenge Course.*

● **Initiatives** (Grades 5 & up)

Working through the “adventure sequence” that develops various group dynamics including trust, communication and cooperation, participants will be faced with various challenges that they must overcome by working as a group. A variety of tasks and physical activities are explored which can include getting the entire team over a 15 foot wall or solving a challenging mind game.

● **Iron Chef** (Grades 9 & up)

This program is designed to promote environmental awareness, team-building, and friendly competition among small groups of participants. Acting as various countries with easy access to specific ingredients, groups will race against the clock to cook up a delicious snack to be judged on presentation, taste, lack of food waste and more. If ingredients outside of their assigned country are desired, they must expend energy to attain these ingredients.

● **Low Ropes** (Grades 5 & up)

Built directly into the forest with cables, ropes and tires 2 – 4 feet off the ground, participants aim to make it across each element with the support of two team members (“spotters”) without touching the ground. There are team-focused elements incorporated into the low ropes course as well.

● **Orienteering – Compass** (Grades 5 & up)

This program focuses on compass-reading skills. Participants will learn the science and technique behind using a compass for navigation. After practicing, participants will be put their learning into action by completing our compass orienteering course in small groups. Participants will shoot bearings to find markers around the Wanakita site and each found marker will provide participants with a new bearing they will use to find the next marker.

● **Orienteering – Discovery** (Grades 5 – 8)

This program focusses on map-reading skills and is a great introduction to navigation for younger participants. Participants will learn about maps and how to read them before attempting our discovery orienteering course in small groups. Participants must use a map to find various markers around the Wanakita site, answering the question and drawing the symbol found on each marker they find.



YMCA Wanakita Outdoor Centre Program Activities

Full Group Activities & Evening Programs

Anytime during the day or evening, groups are welcome to partake in full group activities in which all participants are doing the same activity at the same time. Full Group Activities can occur at anytime but some are better suited for the early morning, afternoon/lunch or the evening. Activities will be planned with the Outdoor Centre Director Team prior to arrival.

● **Lunch Cookout/Canoe** (Grades 5 & up)

By either canoeing across the lake to a campsite or hiking to a fire pit tucked away on our site, participants will transport and cook their lunch over a fire. Other activities may include learning fire-building techniques, playing group games or exploring the surrounding woods. Groups choosing to canoe for their cookout are required to complete a canoeing lesson prior to this activity.

● **Overnight Campout** (Grades 7 & up)

A short paddle across the lake or a walk through the forest will bring participants to a campsite where they will cook their own meals and sleep in tents for the night in traditional camping style. Groups will be split into smaller manageable groups of up to 15 participants to fit on each campsite and participants will learn outdoor camping skills, including setting up camp, site selection, and cooking. Other activities may include learning fire-building techniques, playing group games or exploring the surrounding woods. Groups choosing to canoe for their overnight are required to complete a canoeing lesson prior to this activity.

**Please discuss interest in this program with our team well in advance*

● **Polar Dip/Morning Dip** (Grades 5 & up)

Perfect for the early morning riser, this program allows participants to jump in the lake before breakfast. Lifeguards will be on the dock to safely guard anyone who wants to brave the chilly morning water of Koshlong Lake.

● **Scavination** (Grades 5 & up)

A camp-wide scavenger hunt, this program has small groups of participants travel around the Wanakita site finding objects and answering questions related to the great outdoors all while racing against the clock and other groups.



Full Group Activities & Evening Programs

● **Night Ski – Across Lake** (Grades 5 & up)

One of our most-loved programs, this activity is a can't miss experience. Participants will ski across the frozen lake following a groomed, candle lit trail, before arriving at a roaring campfire for performances and hot chocolate. Participants will need to complete a ski lesson before participating in this activity.

**A night walk/snowshoe can be substituted for skiing.*

● **Quinzhee Sleepout** (Grades 9 & up)

Designed to provide participants with a uniquely Canadian winter experience, this program allows participants to learn about quinzhee structure and cold weather safety prior to constructing their own quinzhee. Participants will work together to pile snow, then dig it out the next day after it sinters to create a space to sleep in for a night. Other activities during the sleep-out may include campfire songs, astronomy and group games. Shovels and sleeping pads are provided; however please feel free to bring your own equipment. Quinzhees are built to sleep a maximum of 4 people and heated accommodations are located nearby if participants get too cold.

**Quinzhee Sleep-outs are snow availability dependent.*

● **Action Auction** (Grades 5 & up)

This fast-paced auction has groups split into teams to buy random auction items using Wana-Bucks. Auction items will then be used in a surprise challenge that is revealed at the auction's close.

● **Campfire** (Grades K & up)

A traditional camp activity and a great way to end the day, this program has our staff performing songs, skits and stories for participants around a roaring campfire. Indoor or outdoor campfires are available as well as the option for Wanakita staff led performances or participant led performances. A casual campfire with s'mores and no performances is also an option.

● **Capture the Flag** (Grades 5 & up)

Play the classic game of capture the flag on Wanakita's large, forested site. Groups will be split into two teams, given hypoallergenic face paint, and let loose to steal their opponent's flag!

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● **Night Hike** (Grades 5 & up)

Following a candle-lit lantern, participants will venture into the forest in groups to explore their senses in nature without the disruption of city lights or sounds. Sensory & discovery-oriented activities presented during this hike are designed to increase comfort levels in the dark and foster a sense of wonder and appreciation for the natural world a night. Participants will learn about animals, animal adaptations and human adaptations to the dark. With some luck and patience, you might even hear owls calling! On clear nights, there may be an opportunity to learn about constellations and the night sky.

● **Plutonium Defenders** (Grades 5 & up)

An enhanced version of capture the flag, plutonium defenders is played with two teams, each provided with two backpacks of "plutonium". One backpack has real 'plutonium' while the other has fake 'plutonium', however participants do not know which one is which. Groups must steal their opponents backpacks with the goal of having two real 'plutonium's' at the end.

● **Running Pictionary** (Grades 5 & up)

A high energy version of the conventional game of Pictionary, participants will be split into small teams and team members will have to run and find hidden staff members to receive the word they have to draw for their team. This cycle continues with the challenge of getting as many words as possible!

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Full Group Activities & Evening Programs

● **Survival** (Grades 5 & up)

Played with all the people in your group, participants will take on the role of various animals to see what is needed to survive in the wild. Assigned to be either a herbivore, omnivore or carnivore, participants must collect food and water while avoiding getting caught by other animals, the human hunter or other natural elements.

● **WALO: Water Air Land Olympics** (Grades 5 & up)

This relay-type race takes place in groups across site and is designed to incorporate skills learned over the course of your group's visit. A fast-paced team building and spirit program, WALO is the perfect consolidation activity to end off your stay!

Free-Time/Choice Period

Many groups like to schedule a "free-time" or "choice period" option where participants can relax or take part in unscheduled activities during their time at Wanakita. Free-time options vary depending on the time of year, resources available and weather conditions. This is also a great opportunity for group leader/chaperone led activities, meetings or debriefs. Please discuss free-time options with the Outdoor Centre Director Team while planning your groups visit.

Free-time activities are group leader/chaperone supervised.

**In the winter, skating and shiny will be available, weather permitting. Please remember to bring your own skates, sticks, gloves and a helmet if you would like to skate or play shiny.*

YMCA Wanakita Outdoor Centre Sample Schedule

ARRIVAL: Weekday Groups -1:00pm • Weekend Groups - 6:00pm **DEPARTURE:** All Groups -1:00pm

NOTE: Need to depart before lunch? Bagged lunches can be made available to take with you for the trip home.

GROUP:

GRADE:

DATE:

CONTACT:

SITE:

	DAY 1	DAY 2	DAY 3
MORNING	THIS IS A SAMPLE SCHEDULE Bagged lunch brought by participants 1:00pm arrival, move into cabins	7:30 Wake Up/Polar Bear Dip 8:00 Setters 8:15 Breakfast 9:15 Rotation 2 10:45 Rotation 3 12:15 Setters 12:30 Lunch	7:30 Wake Up/Polar Bear Dip (start pack up, clean up & move bags) 8:00 Setters 8:15 Breakfast 9:30 WALO 11:00 Closing/Debrief 11:45 Setters 12:00 Lunch
AFTERNOON	1:30 Community Greeting and Large Group Games 2:45 Rotation 1 4:30 Free time 5:00 First Meal Meeting 5:15 Setters 5:30 Dinner	1:30 Rotation 4 3:00 Rotation 5 4:15 Free Time: Options 5:15 Setters 5:30 Dinner	1:00 Departure
EVENING	6:30 Action Auction 7:30 Campfire 8:30 Snack	6:30 Running Pictionary 7:30 Night Hike 8:30 Snack	
NOTES	Rotations: 1. Low Ropes 2. Canoeing 3. Fire Building 4. High Ropes - Climbing Wall 5. Archery		

MEALS AND ACCOMMODATIONS

GROUP SPECIFICS



Meals & Accommodations

MEALS AT WANAKITA

Wanakita's kitchen staff provide delicious and nutritious meals three times a day, as well as an evening snack. Breakfast is supplemented with an oatmeal bar with numerous toppings, and lunch is complimented by a salad bar and soup options! The kitchen staff can accommodate a wide range of dietary restrictions including vegetarian, vegan, lactose intolerant, gluten intolerant, and most other allergies and food restrictions. All group leaders are asked to submit their group's dietary information at least 2 weeks in advance for our kitchen staff to have time to prepare exciting meals which meet your needs. Do you need to depart earlier than a lunch meal? Ask us about bagged lunch options for your group.

WANAKITA CABINS

The cabins at Wanakita are designed for community living. Each cabin can sleep up to 12 people. On the West side of camp, there is a mix of traditional and modern cabins. All cabins have a main room with bunkbeds capable of sleeping 10 with a private room that can sleep 1-2 separated by curtain. Modern cabins also have a toilet, sinks and a shower. The East side cabins are all traditional style cabins. On both sides of camp there are centrally located washhouses available steps away from the cabins. All cabins have electricity, mattresses, and basic shelving storage. Personal bedding is not provided. They are a great space to call home during a group's stay!

GROUP LEADER/CHAPERONE ACCOMMODATIONS

During your stay, Wanakita has separate accommodations available for group leader/chaperone should they not want to stay in the participant cabins. Included in these accommodations are smaller, more private rooms, communal living room space, full kitchen, full private washrooms, landline use, and WIFI accessibility. Participants will be made aware of the location of these cabins in case of emergency.

Group Specifics

GROUP LEADER/CHAPERONE EXPECTATIONS/ DUTIES

Prior to Arrival

- Contract Agreement and 10% non-refundable deposit sent to Wanakita at least 90 days prior to arrival date in order to secure booking with us
- Packing List distributed to participants
- Health, Dietary and Behavioural information forwarded to Wanakita at least 2 weeks prior to your visit
- Notify Outdoor Centre Director Team of any birthdays while at Wanakita or special requests
- Emergency vehicle arranged to be available at Wanakita for duration of visit (for the groups to transport participants to the hospital or other off-property requirements)
- Arrival and departure times, program schedule, additional meals, cabin arrangements confirmed with the Outdoor Centre Director Team at least two weeks prior to visit
- Final participant numbers confirmed with Outdoor Centre Director Team at least one week prior to visit
- Participants divided into rotation groups (Groups of 15 - 20 participants with 1 group leader/chaperone) and cabin groups (Groups of 10) with lists sent to Wanakita prior to arrival

Upon Arrival

Group leaders/chaperones will meet with their group's Facilitator to review on-site responsibilities, policies, and to confirm the following:

- Final participant and group leader/chaperone numbers
- Dietary needs, health concerns, behavioural issues, requests, allergies and birthdays

- Review the schedule to ensure it meets group expectations
- Ensure a group leader/chaperone is assigned to each rotation group

While at Wanakita

- Group leader/Chaperone with each rotation groups during small group activities and rotation programs
- Present and engaged during full group activities and evening programs
- Manage participant behaviour and discipline accordingly. Our staff are focused on instructing program activities and managing participant safety. Please help us by taking responsibility for participant behaviour and conduct
- Supervise free-time/choice period activities
- Supervise participants during meal times. While our staff will be present during meal times and able to answer questions/assist with meal time procedures, they also need to take a break and eat. Wanakita staff take their breaks during meal times so please help us by managing participants during meal times

Evening Supervision

- Once Wanakita programs have ended in the evening, it is the responsibility of group leaders/chaperones to coordinate bedtime and evening supervision until breakfast the following morning
- We ask that group leaders/chaperones patrol cabins and check in on participants during this time as Wanakita staff are off-duty
- Group leaders/chaperones should be available to participants in the event of an emergency or concern during the night, just like visiting a hotel or any other overnight excursion
- A Wanakita staff member will be on call for emergency situations and can be contacted in the event of an emergency

Group Specifics

Phones/Internet

- Landline phones are available in the group leader/chaperone accommodations for personal calls. If an important or confidential work call needs to be placed, please speak with your group facilitator and this can be arranged on one of our office phones
- We have WIFI available in the group leader/chaperone accommodations on the west side and in the main dining hall on the east side. It is a hidden network, so instructions will be available in the spaces. Speak to your group facilitator if you have internet problems or if you cannot connect to the network
- We encourage full emersion into the Wanakita experience and ask that participants refrain from bringing electronic devices (ex. laptops, cell phones, etc.) to Wanakita. As such, we ask that group leaders/chaperones help us to enforce this policy and refrain from using cell phones or personal electronic devices in the presence of participants

General Involvement

- We want all group leaders/chaperones to have fun at Wanakita and we encourage you to participate as much as possible in all of the programs offered during your stay. Our staff will lead all of the programs and activities, however, as with any field trip, the ultimate responsibility for the care and conduct of your participants lies with the group leaders/chaperones. Please let all participants and group leaders/chaperones know your expectations and those of the camp prior to your visit. A group leader/chaperone must be present at all waterfront, hiking and high ropes/challenge course activities
- Please help us by ensuring that all participants arrive at scheduled activities and meals on time and by providing assistance with participants that need additional support



Group Specifics

Additional Notes for Groups

- Lunch is **NOT** provided on arrival day. Please ensure you make plans to eat lunch before arrival or bring a bagged lunch that can be eaten at Wanakita upon arrival
- * Please do not bring any food/snacks that may contain nuts due to severe allergies.*
- Transportation to and from Wanakita is the responsibility of the visiting group
- Groups must bring an emergency vehicle with them that they can use for emergency purposes. Wanakita cannot offer transportation off the property
- YMCA Wanakita is a non-smoking and alcohol-free facility during school group visits
- Quiet hours are from 10:00pm until 7:00am; please respect other groups who may be participating in programs on the site as well as our neighbours on Koshlong Lake
- Cabins will be examined before and after each use. In the event of graffiti, damage to buildings, or buildings requiring beyond normal cleaning, the cost of any repairs will be included with the final invoice
- Group leaders/chaperones are responsible for providing supervision to participants between the end of programming for the day and the start of programming the following day

“You helped us learn so much about nature, friendship, respect and kindness.”

GROUP SPECIFICS



Suggested Clothing & Equipment List for Spring & Fall Programs

Based on a 3-day visit

CLOTHING			BEDDING / TOILET KIT		
#	✓	Item	#	✓	Item
4		Pairs of socks	1		Sleeping Bag or (2 Blankets and a sheet)
4		Pairs of underwear	1		Pyjamas
2-3		Pairs of pants	1		Pillow
1-2		Pair of short	1		Shower supplies (soap, shampoo)
3-4		T-shirts	1		Comb/Brush
2		Long sleeved shirts	1		Shower Towel
1		Sweater (Warmer Item)	1		Toothbrush & Toothpaste
1		Jacket & Bug Jacket (Spring)	1		Bottle of Sunscreen
1		Bathing suit	1		Bottle of Bug Spray
1		Beach Towel			
2		Running Shoes			
1		Rain Coat and Pants			
1		Hiking Shoes or Rubber Boots			
1		Hat/toque, gloves			
1		Day Pack – to carry personal items			
EXTRAS			THINGS TO LEAVE AT HOME		
#	✓	Item			Item
1		Flashlight	X		Junk food, pop, candy or gum
1		Waterbottle	X		Laptops, radios, gaming systems
1		Watch	X		Cell phones
1		Sunglasses	X		Pocket knives
1		Laundry bag			
1		Indoor Shoes/slippers	X		Please be aware that we are a nut sensitive site and ask that snacks that contain nuts are not brought to Wanakita.
1		Camera (optional)			
1		Musical instrument (optional)			
1		Games/cards for cabin (optional)			

REMEMBER:

- Pack all personal items into one pack or suitcase as you will have to carry your luggage to your cabin
- Be prepared to be outside and to expect a variety of weather conditions (sun, rain, cool, warm)

Suggested Clothing & Equipment List for Winter Programs

Based on a 3-day visit

CLOTHING			BEDDING / TOILET KIT		
#	✓	Item	#	✓	Item
5-6		Pairs of heavy socks (non-cotton)	1		Sleeping Bag or (2 Blankets and a sheet)
3		T-shirts	1		Pyjamas
2		Pairs of long underwear	1		Pillow
1-2		Pair(s) of water resistant snow pants (ski pants)	1		Shower supplies (soap, shampoo)
1		Pair of winter boots	1		Comb/Brush
1-2		Winter Coat/Parka or Water Resistant/Proof Jacket with layers underneath	1		Shower Towel
1		Pair of Indoor Shoes / Slippers	1		Toothbrush & Toothpaste
2		Pairs of pants (preferably not jeans)	1		Bottle of Sunscreen
2		Sweaters or Fleece Jacket	IF PARTICIPATING IN QUINZHEE SLEEP OUT		
2		Pairs of Winter Gloves/Mitts (waterproof if possible)	1		Foam Sleeping Pad & Extra Sleeping Bag/Blanket)
2		Winter Toques	1		Extra set of warm pajamas
1		Day Pack – to carry personal items	1		Extra pair of heavy socks (non-cotton)
EXTRAS			THINGS TO LEAVE AT HOME		
#	✓	Item			Item
1		Flashlight	X		Junk food, pop, candy or gum
1		Waterbottle	X		Laptops, radios, gaming systems
1		Watch	X		Cell phones
1		Sunglasses	X		Pocket knives
1		Laundry bag			
1		Indoor Shoes/slippers	X		Please be aware that we are a nut sensitive site and ask that snacks that contain nuts are not brought to Wanakita.
1		Camera (optional)			
1		Musical instrument (optional)			
1		Games/cards for cabin (optional)			

REMEMBER:

- Plan for clothing that keeps you warm and dry. Try to avoid products made of cotton the best you can. Cotton likes to absorb water and stay wet. Please try to ensure your base layer (layer closest to your skin) is made of synthetic fibers (polyester, rayon, nylon, polypro) or something that “WICKS AWAY” sweat
- No need to go out and buy the “proper gear”: look in your closet first and read the labels on the clothing. Thrift /second hand stores are great places to purchase clothing if necessary
- It is advisable to wear several layers of light clothing rather than one or two heavy articles
- Try to bring boots that are flat and soft-soled for snowshoeing (ex - Sorel's, Merrell's, Bogs, etc.)
- Pack all personal items into one pack or suitcase as you will have to carry your luggage to your cabin

YMCA WANAKITA YEAR-ROUND SITE MAP

YMCA Wanakita Year-Round

OTHER PROGRAMS OFFERED

YMCA Wanakita is operational year-round. During the summer we offer Overnight Camp and Day Camp programs for kids on one side of camp and a Family Camp on the other side. Throughout the year we offer Year-Round Family-Camps and Getaways including New Year's, Family Day, March Break, Mother-Daughter and Father-Son weekends; as well as our popular Women's Weekends in fall and winter. Contact us for more details!

To book a program or inquire, contact our office year-round:

Email: wanakitaoutdoorcentre@ymcahbb.ca

or WanakitaOC@ymcahbb.ca

Website: wanakita.ymcahbb.ca

Phone: 1800-387-5081

Fax: 705-457-1597



The map illustrates the layout of Wanakita Campground, divided into West and East sections. The West section features trails like the Sunset Rock, Hike and Ski Trails, and Falls Trail System. It includes buildings such as the West Core Dining Hall, West High Ropes Course, and West Low Ropes & Team Initiatives. The East section includes the East High Ropes & Team Initiatives, East Low/High Ropes & Team Initiatives, and various activity fields. The map also shows the Koshlong Lake, a Rink, and various facilities like washrooms, washstands, and day camp tents. A legend in the bottom left corner defines the symbols used for trails, buildings, and activities.

LEGEND

- Trails/Pathways
- Staff Cabin
- Duplex Participant Cabin
- Participant Cabin
- Washroom
- Washstand

Wanakita West

- Crafts
- Fenton Hall
- Program Building
- Longhouse
- Maintenance
- Lagakelo Lodge
- Sailing Area
- Boat Landing

Wanakita East

- Boardsailing
- Canoeing
- Kayaking
- Dining Hall
- Storage Shed
- Swimming
- Bridge



YMCA Wanakita
1883 Koshlong Lake Road,
Haliburton, ON K0M 1S0

YMCA Charitable Mission

The YMCA of Hamilton|Burlington|Brantford is a charitable organization helping people achieve personal growth in spirit, mind and body through participation and service to the community.

YMCA Vision

Creating healthy communities in which individuals and families have opportunities to reach their potential.

YMCA Values

Belonging • Caring • Honesty • Respect • Responsibility



Charitable Registration #10808 3825 RR0001



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