

LAURIER BRANTFORD YMCA - Schedule At A Glance

January 9, 2023 to March 5, 2023

*updated January 9, 2023

Monday						
Single Gym	Double Gym	Child & Youth	Studio (A, B, C)	Lap Pool	Leisure Pool	
5:30 AM						
6:00 AM				Lane Swim 6:00 - 9:00		
6:30 AM						
7:00 AM						
7:30 AM	Varsity Soccer Practice (LSO) 6:30-8:00					
8:00 AM						
8:30 AM						
9:00 AM						
9:30 AM						
10:00 AM	Open Pickleball 9:00am-10:30					
10:30 AM						
11:30 AM	BYOG Pickleball 10:30-11:30					
12:00 PM						
12:30 PM						
1:00 PM						
1:30 PM						
2:00 PM	Extracurricular Volleyball (LSO) 1:00-2:30pm					
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM	Sports Adventure 3-5yrs* 4:30-5:15					
5:30 PM	Sports Adventure 6-12yrs* 5:30-6:30					
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Tuesday						
Single Gym	Double Gym	Child & Youth	Studio (A, B, C)	Lap Pool	Leisure Pool	
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Wednesday						
Single Gym	Double Gym	Child & Youth	Studio (A, B, C)	Lap Pool	Leisure Pool	
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Thursday						
Single Gym	Double Gym	Child & Youth	Studio (A, B, C)	Lap Pool	Leisure Pool	
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Friday						
Single Gym	Double Gym	Child & Youth	Studio (A, B, C)	Lap Pool	Leisure Pool	
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Saturday						
Single Gym	Double Gym	Child & Youth	Studio (A, B, C)	Lap Pool	Leisure Pool	
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Hours of Operation
 Monday to Thursday 5:30am to 11:00pm
 Friday 5:30am to 9:00pm
 Saturday and Sunday 8:00am- 6:00pm

Sunday						
Single Gym	Double Gym	Child & Youth	Studio (A, B, C)	Lap Pool	Leisure Pool	
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