

YMCA of Hamilton | Burlington | Brantford



Downtown Hamilton Group Fitness Schedule

Saturday, May 21st

• All classes running as per schedule

Sunday, May 22nd

• All classes running as per schedule

Monday, May 23rd

• No classes today

Gymnasium Schedule: May 23rd

- Open Gym 8:00am-1:30pm (Main Gym)
- Open Gym 8:00am-11:30am, 2:00pm-4:00pm (Aux Gym)
- Volleyball 12:00pm-2:00pm (Aux Gym)

<u>Victoria Day</u> <u>Weekend</u> <u>Operating Hours</u>

Saturday, May 21st 8:00am-4:00pm

Sunday, May 22nd 8:00am-4:00pm

Monday, May 23rd 8:00am-4:00pm

Pool Schedule: May 23rd

Lane Swim – 8:00am Lane Swim – 9:00am Lane Swim – 10:00am Lane Swim – 11:00am Lane Swim – 12:00pm Lane Swim – 1:00pm