## YMCA Wanakita Packing List – 10 Day Sr. Tripper

#### **Tripper Packing List**

- 4 T-shirts for at camp (optional an additional white t shirt for silk screened trip shirt, can be purchased from tuck)
- 1 Quick dry/athletic long sleeve shirt
- 3 pairs of long pants (not pjs) (2 for at camp, 1 for trip)
- 8 pairs of underwear
- 1 pair of pyjamas
- 3 sweaters/sweat shirts (2 for at camp, 1 for trip)
- o 3 pairs of shorts (2 for at camp, 1 for trip)
- 6 pairs of socks
- 1 raincoat (waterproof not water resistant)
- 1 Rain-pants (optional)
- o 3 bathing suits
- 2 pairs of running shoes (1 sturdy pair of shoes/hiking shoes for trip)
- 1 pair of site/beach shoes (sandals/slides)
- Toothbrush
- Tooth paste
- Soap
- Shampoo
- Hygiene products
- Hats
- o Sunscreen -SPF 30
- Sleeping bag (that can pack up small)
- o Pillow
- Flashlight or headlamp
- Mess Kit (spoon or fork, bowls provided)
- o 2 towels
- Face cloths
- Laundry bag
- Stamps/Envelopes
- Inexpensive camera
- Kleenex
- Bug repellent
- Sun Glasses
- Water Bottle (durable, preferably 1 litre)

# Do not Bring:

Large knives

# Items that will be brought on 10 Day Canoe Trip:

- 1 white craft shirt, silkscreened (trip shirt)
- o 1 bathing suit
- 1 pair sport shorts
- o 2-3 pairs socks
- 4-5 pairs underwear
- 1 pair pants (sweatpants or similar, no jeans)
- 1 sweater (sweatshirt or fleece)
- 1 long sleeve shirt
- hat and/or bandana
- o sunglasses
- waterproof raincoat (rain pants optional but recommended)
- o 1 pair sturdy running shoes or hiking shoes/boots
- 1 pair sandals/crocs for the campsite
- Flashlight or headlamp
- Sunscreen
- Bug spray
- Lip chap
- Toothbrush and paste
- Sleeping bag
- o Fork/spoon
- Waterbottle
- Medications, inhalers, hygiene products etc.

# **Optional:**

Personal Lifejacket\*

Personal Paddle\*\*

Camera

Book

Journal and pen

Small pocket knife

### **Wanakita Will Provide:**

Tents

Canoes

Lifejackets\*

Paddles\*\*
Ground sheets
Sealine type dry sack

Any additional items brought to camp will be brought on the trip at the discretion of the counsellor.\*\*