

**YMCA Wanakita Family Camp SAMPLE Schedule**

	Monday				Tuesday				Wednesday				Thursday				Friday		Sign Ups		
	9:30	11:00	2:00	3:30	9:30	11:00	2:00	3:30	9:30	11:00	2:00	3:30	9:30	11:00	2:00	3:30	9:30	11:00		2:00-5:00	
<b>Kid's Corner</b>	* Footpainting (K)	* Music Jam (K)	* Free Play (K)	* Boatmaking (K)	* Storytime (K)	* Frogs 101 (K)		* Free Play (K)	* Tree Ornaments (K)	* Kinderym (K)		* Free Play (K)	* Puppet Time (K)	* Fishy Swim (K)		* Magic Adventure (K)	* Circle Games (K)	* Free Play (K)	<b>B E A C H  D A Y</b>	Asterisk (*) indicates a sign up activity.  <b>Sign Up Groupings</b> Cabins 1-11 (A) Cabins 12-22 (B) Cabins 23-33 (C) Cabins 34-44 (D)  <b>Sign Up Times</b> 6:20pm 6:25pm 6:30pm 6:35pm  <b>Sign Up Order</b> Sign ups are for the next day's activities.  Sunday - D, A, B, C Monday - A, B, C, D Tuesday - B, C, D, A Wednesday - C, D, A, B Thursday - by random  <b>Age Guidelines</b> Programs are all ages & family friendly unless otherwise noted. Kids (3-5) = K Junior (6-9) = J Intermediate (10-12)	
<b>Arts &amp; Crafts</b>		Sock Puppets			* Paddle-making				Theme Dinner Props & Costumes	Dream Catchers			Tie Dye	Guardian Eye		Nature Crafts	Watercolour Painting	Open Crafts			
<b>Yoga &amp; Dance</b>	Yoga			Dance J/J		Ballroom Dance			Yoga		Knitting		Yoga		Jazz Dance and Exercise (J)		Zumba				
<b>Music</b>	Family Drum Circle			Campfire Sing Along		Song Writing		* Beginner Uke	* Beginner Guitar (I-)		AB Instrument Jam Session		* Advanced Ukulele		* Guitar Jam Session (I-)			Drum Circle (A)			
<b>Theatre</b>				Drama Games		Mime (J/J)									Talent Show Prep		Knit & Sit (A)	Improv			
<b>Aquatics</b>	Open Swim	Water Aerobics	Open Swim	Open Swim	Open Swim	Synchro Swimming	Open Swim	* Open	Open Swim	Innertube Waterpolo	Water Olympics	Open Swim	Open Swim	Water Aerobics	Open Swim	* Water Scavenger Hunt	* Distance Swim to Umbrella	Open Swim			
<b>Canoeing</b>	Open	Open	* Swamp Explore	Open	Open	Open	* Beginner Canoeing	* Floating Picnic	* Voyageur to Umbrella	Open	Open	* Canoe Races	Open	Open	Open	Open	* Advanced Canoeing	Open			
<b>Kayaking</b>	Open	* Beginner Kayaking	Open	Open	Open	Open	* Kayak to Umbrella	Open	* Swamp Explore	Open	Open	Open	Open	Open	* Kayak Games	Open	Open	Open			
<b>Sailing</b>	* Beginner Sailing	Open	Open	* Refresh Lesson	* Sailing Regatta	Open	Open	Open	Open	* Advanced Sailing	Open	Open	Open	Open	Open	Open	Open	Open			
<b>Windsurfing</b>				* Intro to Windsurfing						* Sumba Spa								Fun Sumba			
<b>Sports</b>	Mountain Biking (12+)			Bike Rodeo (J/J)			Family Dodgeball			Capture The Flag	Ultimate Frisbee				Camp Games (J)	Volley Time					
<b>Archery</b>		* Intro to Archery					* Robin Hood Archery			* Archery					* DIY target making extravaganza			* Man-chest-hair United			
<b>Wilderness Environmental Pursuits</b>	Firebuilding and Campfire Cooking				Tea and Wood Bowls		Shelter Building (J/J)	Raft Building	Stars and Stories			Beaver Dam Hike		Back 9 Exploration (J)				Survival			
<b>High Ropes</b>	* Vertical Playgroup	* Vertical Playgroup	* Vertical Playgroup	* Vertical Playgroup	* Teeter Totter	* Teeter Totter	* Teeter Totter	* Teeter Totter	* Flying Squirrel	* Flying Squirrel	* Flying Squirrel	* Flying Squirrel	* Multivine	* Multivine	* Multivine	* Multivine	* Multivine	* Adult Ropes (VP)			* TBA
<b>Low Ropes</b>	* Slacklining			* Low Ropes	* Obstacle Course							* Low Ropes						* Junior Low Ropes (J/J)			
<b>Special Events</b>	* On Lake Overnight: 10-12 year old								* On Lake Overnight: 13-16 year olds								Kid's Camp Tour (11am-12pm)	Horseshoe Finals (4:30)			
<b>Evening Programs (7-8pm)</b>	Softball (All Ages) Parachute Games (K) Campfire Hangout (13-16)				Voyageur Lake Tour (all ages) Treasure Hunt (K) WALD Relay Race (all ages)				CARNIVAL (all ages) Euchre (13+)				Talent Show & Kangaroo Court				Closing Campfire				