



Community Connections

Newcomer Adult Mentorship Program

The Newcomer Mentoring program brings internationally-trained professionals together with established professionals - in the Hamilton area - for a series of meetings to discuss their profession. These strategic mentoring matches allow newcomer mentees to learn about Canadian workplace culture, make critical network connections, and learn how to increase their marketability by leveraging their skills and previous international experience. By the end of the mentoring journey, newcomer mentees have developed a more relevant and strategic career plan.

Be a **MENTOR**. Make a Difference.

Who Can Be a Mentor?

Hamilton area professionals who are established in their career, have local professional/community networks, and are willing to share time and professional insights.

Mentors Support Mentees in:

- Developing their career strategy and professional network
- Understanding the Canadian workplace culture
- Knowing what additional skills and training are needed to increase marketability
- Growing more confident as they gain knowledge, feel supported and are better prepared

Mentor Commitment:

Mentors commit to six meetings over a three-month period. Meetings can be in person (preferred), online or by phone.

Benefits to Mentors:

- Enhance leadership and coaching skill
- Develop better cross-cultural awareness, communication and sensitivity
- Exchange of knowledge/best practices with international professionals
- Fulfillment from helping a newcomer settle more effectively in our community

Mentors are provided with training, information, resources and support throughout the term of the mentorship.

For more information, contact Kathryn.Wrong@ymcahbb.ca

