



## Community Connections

# Newcomer Adult Mentorship Program

The Newcomer Mentoring program brings internationally-trained professionals together with established professionals - in the Hamilton area - for a series of meetings to discuss their profession. These strategic mentoring matches allow newcomer mentees to learn about Canadian workplace culture, make critical network connections, and learn how to increase their marketability by leveraging their skills and previous international experience. By the end of the mentoring journey, newcomer mentees have developed a more relevant and strategic career plan.

## Be a **MENTEE**. See the Difference.

### Who Can Be a Mentee?

- Be a Permanent Resident of Canada
- Have a Canadian Language Benchmark (CLB) of 7
- Be ready and prepared to work with a mentor
- Be willing to abide by codes of conduct and confidentiality; to be professional, courteous, and to respect the time and insights offered by a mentor

### Mentorship Commitment:

Mentors and mentees commit to 3-6 meetings over a 3 month period. Meetings can be in person, online or by phone.

### Benefits to Newcomer Mentee:

- Gain a better understanding of your 'fit' in the profession
- Identify ways to leverage past experience and skills
- Build a strategic and efficient career plan
- Learn what skills are most in-demand
- Know what Canadian employers value so you can market yourself accordingly
- Increase your professional network

For more information, contact [Kathryn.Wrong@ymcahbb.ca](mailto:Kathryn.Wrong@ymcahbb.ca)

