



Laurier Brantford YMCA | June 1st - June 7th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kids Yoga (6 - 12) - Brantford - Monday 4:30 PM Sign Up	4:30PM-5:30PM (Kids Yoga 6-12)						
Soccer Level 1 (6 - 9) - Brantford - Monday 4:30 PM Sign Up	4:30PM-5:30PM (Soccer Level 1 (6-9))						
Kids Yoga (3 - 5) - Brantford - Monday 5:45 PM Sign Up	5:45PM-6:30PM (Kids Yoga 3-5)						
Kids Pickelball (10 - 14) - Brantford - Monday 5:45 PM Sign Up	5:45PM-6:45PM (Kids Pickleball 10-14)						
Healthy Hearts Session 2 - Brantford - Tuesday/Thursday 12:30 PM Sign Up		12:30PM-2:00PM (Healthy Hearts)		12:30PM-2:00PM (Healthy Hearts)			
Karate Fundamentals (6 - 12) - Brantford - Tuesday 6:00 PM Sign Up		6:00PM-6:45PM (Karate Fundamentals 6-12)					
Karate Fundamentals (6 - 12) - Brantford - Tuesday 7:00 PM Sign Up		7:00PM-7:45PM (Karate Fundamentals 6-12)					
Open Gym - Brantford - Wednesday 6:00 AM Sign Up			6:00AM-4:00PM (Open Gym)				
Lane Swim - Brantford - Wednesday 6:00 AM Sign Up			6:00AM-9:00AM (Lane Swim)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drop In Pickleball - Brantford - Wednesday 9:00 AM Sign Up			9:00AM-11:45AM (Pickleball)				
Open Swim - Brantford - Wednesday 9:00 AM Sign Up			9:00AM-3:45PM (Open Swim)				
AquaFit - Brantford - Wednesday 9:15 AM Sign Up			9:15AM-10:00AM (AquaFit)				
Pilates - Brantford - Wednesday 9:30 AM Sign Up			9:30AM-10:15AM (Pilates)				
Water Walking - Brantford - Wednesday 10:15 AM Sign Up			10:15AM-12:15PM (Water Walking)				
Lane Swim - Brantford - Wednesday 10:15 AM Sign Up			10:15AM-12:15PM (Lane Swim) 10:15AM-3:45PM (Lane Swim)				
Yoga - Brantford - Wednesday 10:30 AM Sign Up			10:30AM-11:30AM (Yoga)				
CycleFit - Brantford - Wednesday 12:15 PM Sign Up			12:15PM-1:00PM (CycleFit)				
Drop In Badminton - Brantford - Wednesday 1:00 PM Sign Up			1:00PM-3:45PM (Badminton)				
Floor Hockey Level 1 (6 - 9) - Brantford - Wednesday 4:30 PM Sign Up			4:30PM-5:30PM (Floor Hockey Level 1 (6-9))				
Soccer Level 1 (10 - 12) - Brantford - Wednesday 4:30 PM Sign Up			4:30PM-5:30PM (Soccer (10-12))				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ViPR - Brantford - Wednesday 5:30 PM Sign Up			5:30PM-6:15PM (ViPR Pro)				
Basketball Level 1 (6 - 9) - Brantford - Wednesday 5:45 PM Sign Up			5:45PM-6:45PM (Basketball Level 1 (6-9))				
Floor Hockey Level 1 (10 - 12) - Brantford - Wednesday 5:45 PM Sign Up			5:45PM-6:45PM (Floor Hockey Level 1 (10-12))				
Yoga - Brantford - Wednesday 6:30 PM Sign Up			6:30PM-7:30PM (Yoga)				
Drop In Volleyball - Brantford - Wednesday 7:00 PM Sign Up			7:00PM-10:30PM (Volleyball)				
Pickup Basketball - Brantford - Wednesday 7:00 PM Sign Up			7:00PM-9:00PM (Basketball)				
Youth Pick Up Basketball - Brantford - Wednesday 7:00 PM Sign Up			7:00PM-9:00PM (Youth Pick Up Basketball)				
Lane Swim - Brantford - Wednesday 7:45 PM Sign Up			7:45PM-10:00PM (Lane Swim)				
Open Swim - Brantford - Wednesday 7:45 PM Sign Up			7:45PM-10:00PM (Open Swim) 7:45PM-9:30PM (Open Swim)				
Open Gym - Brantford - Thursday 6:00 AM Sign Up				6:00AM-11:45AM (Open Gym)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim - Brantford - Thursday 6:00 AM Sign Up				6:00AM-9:00AM (Lane Swim)			
YThrive - Brantford - Thursday 6:30 AM Sign Up				6:30AM-7:15AM (YThrive)			
Core & Conditioning - Brantford - Thursday 8:15 AM Sign Up				8:15AM-9:00AM (Core & Conditioning)			
Drop In Pickleball - Brantford - Thursday 9:00 AM Sign Up				9:00AM-11:45AM (Pickleball)			
Open Swim - Brantford - Thursday 9:00 AM Sign Up				9:00AM-3:45PM (Open Swim)			
Hydrotherapy - Brantford - Thursday 9:15 AM Sign Up				9:15AM-10:00AM (Hydrotherapy)			
GentleFit - Brantford - Thursday 10:15 AM Sign Up				10:15AM-11:00AM (GentleFit)			
Lane Swim - Brantford - Thursday 10:15 AM Sign Up				10:15AM-3:45PM (Lane Swim)			
Yoga - Brantford - Thursday 10:30 AM Sign Up				10:30AM-11:30AM (Yoga)			
Drop In Volleyball - Brantford - Thursday 12:00 PM Sign Up				12:00PM-2:00PM (Volleyball)			
YThrive - Brantford - Thursday 1:15 PM Sign Up				1:15PM-2:00PM (YThrive)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
YThrive - Brantford - Thursday 2:00 PM Sign Up				2:00PM-2:45PM (YThrive)			
Open Gym - Brantford - Thursday 2:15 PM Sign Up				2:15PM-4:15PM (Open Gym)			
Drop In Pickleball - Brantford - Thursday 4:00 PM Sign Up				4:00PM-7:00PM (Pickleball)			
Discovery Den (6 - 9) - Brantford - Thursday 4:30 PM Sign Up				4:30PM-5:30PM (Discovery Den 6-9)			
Soccer Level 1 (3 - 5) - Brantford - Thursday 4:30 PM Sign Up				4:30PM-5:15PM (Soccer Level 1 (3-5))			
Basketball Level 1 (10 - 12) - Brantford - Thursday 4:30 PM Sign Up				4:30PM-5:30PM (Basketball Level 1 (10-12))			
YThrive - Brantford - Thursday 4:30 PM Sign Up				4:30PM-5:15PM (YThrive)			
Strength & Conditioning - Brantford - Thursday 5:15 PM Sign Up				5:15PM-6:00PM (Strength & Conditioning)			
Child Minding - Brantford - Thursday 5:15 PM Sign Up				5:15PM-6:30PM (YMCA Child Minding)			
Basketball Level 1 (3 - 5) - Brantford - Thursday 5:30 PM Sign Up				5:30PM-6:15PM (Basketball Level 1 (3-5))			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
YThrive - Brantford - Thursday 5:30 PM Sign Up				5:30PM-6:15PM (YThrive)			
Open Gym - Brantford - Thursday 6:00 PM Sign Up				6:00PM-10:30PM (Open Gym)			
Yoga Fundamentals - Brantford - Thursday 6:15 PM Sign Up				6:15PM-7:15PM (Yoga)			
YThrive - Brantford - Thursday 6:45 PM Sign Up				6:45PM-7:30PM (YThrive)			
Drop In Soccer - Brantford - Thursday 7:30 PM Sign Up				7:30PM-9:45PM (Soccer)			
Lane Swim - Brantford - Thursday 7:45 PM Sign Up				7:45PM-10:00PM (Lane Swim) 7:45PM-9:30PM (Lane Swim)			
Open Swim - Brantford - Thursday 7:45 PM Sign Up				7:45PM-10:00PM (Open Swim) 7:45PM-9:30PM (Open Swim)			
YThrive - Brantford - Thursday 7:45 PM Sign Up				7:45PM-8:30PM (YThrive)			
Open Gym - Brantford - Friday 6:00 AM Sign Up					6:00AM-10:00AM (Open Gym)		
Lane Swim - Brantford - Friday 6:00 AM Sign Up					6:00AM-9:00AM (Lane Swim)		
YThrive - Brantford - Friday 6:30 AM Sign Up					6:30AM-7:15AM (YThrive)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drop In Pickleball - Brantford - Friday 9:00 AM Sign Up					8:00AM-11:45AM (Pickleball)		
Child Minding - Brantford - Friday 9:00 AM Sign Up					9:00AM-10:15AM (YMCA Child Minding)		
Open Swim - Brantford - Friday 9:00 AM Sign Up					9:00AM-3:45PM (Open Swim)		
Pilates - Brantford - Friday 9:30 AM Sign Up					9:15AM-10:15AM (Pilates)		
AquaFit - Brantford - Friday 9:15 AM Sign Up					9:15AM-10:00AM (AquaFit)		
WalkFit - Brantford - Friday 10:15 AM Sign Up					10:15AM-11:15AM (Walk Fit)		
Lane Swim - Brantford - Friday 10:15 AM Sign Up					10:15AM-12:30PM (Lane Swim)		
Child Minding - Brantford - Friday 10:30 AM Sign Up					10:30AM-11:45AM (YMCA Child Minding)		
Yoga - Brantford - Friday 10:30 AM Sign Up					10:30AM-11:30AM (Yoga)		
Open Gym - Brantford - Friday 11:30 AM Sign Up					11:30AM-5:45PM (Open Gym)		
Lane Swim - Brantford - Friday 12:30 PM Sign Up					12:30PM-3:45PM (Lane Swim)		
Open Swim - Brantford - Friday 12:30 PM Sign Up					12:30PM-3:45PM (Open Swim)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drop In Soccer - Brantford - Friday 1:15 PM Sign Up					1:15PM-4:15PM (Soccer)		
YThrive - Brantford - Friday 2:00 PM Sign Up					2:00PM-2:45PM (YThrive)		
Drop In Badminton - Brantford - Friday 4:30 PM Sign Up					4:30PM-9:30PM (Badminton)		
YThrive - Brantford - Friday 4:30 PM Sign Up					4:30PM-5:15PM (YThrive)		
YThrive - Brantford - Friday 5:30 PM Sign Up					5:30PM-6:15PM (YThrive)		
Open Swim - Brantford - Friday 6:30 PM Sign Up					6:30PM-9:15PM (Open Swim)		
Open Swim - Brantford - Friday 6:00 PM Sign Up					6:30PM-9:00PM (Open Swim)		
YThrive - Brantford - Friday 6:45 PM Sign Up					6:45PM-7:30PM (YThrive)		
YThrive - Brantford - Friday 7:45 PM Sign Up					7:45PM-8:30PM (YThrive)		
Open Gym - Brantford - Friday 8:15 PM Sign Up					8:15PM-9:30PM (Open Gym)		
Open Gym - Brantford - Saturday 7:00 AM Sign Up						7:00AM-8:45AM (Open Gym)	
Lane Swim - Brantford - Saturday 7:15 AM Sign Up						7:15AM-8:30AM (Lane Swim)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drop In Pickleball - Brantford - Saturday 9:00 AM Sign Up						9:00AM-11:30AM (Pickleball)	
Strength & Conditioning - Brantford - Saturday 9:00 AM Sign Up						9:00AM-9:45AM (Strength & Conditioning)	
Discovery Den (3 - 5) - Brantford - Saturday 10:00 AM Sign Up						10:00AM-10:45AM (Discovery Den 3-5)	
Karate Fundamentals (6 - 12) - Brantford - Saturday 10:00 AM Sign Up						10:00AM-10:45AM (Karate Fundamentals 6-12)	
YThrive - Brantford - Saturday 10:00 AM Sign Up						10:00AM-10:45AM (YThrive)	
Yoga - Brantford - Saturday 10:00 AM Sign Up						10:00AM-11:00AM (Yoga)	
Karate Fundamentals (6 - 12) - Brantford - Saturday 11:00 AM Sign Up						11:00AM-11:45AM (Karate Fundamentals 6-12)	
YThrive - Brantford - Saturday 11:00 AM Sign Up						11:00AM-11:45AM (YThrive)	
Family Pickleball - Brantford - Saturday 11:30 AM Sign Up						11:30AM-12:30PM (Pickleball)	
YThrive - Brantford - Saturday 1:00 PM Sign Up						1:00PM-1:45PM (YThrive)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Drop In Badminton - Brantford - Saturday 1:00 PM Sign Up						1:00PM-3:30PM (Badminton)	
Drop In Basketball - Brantford - Saturday 1:00 PM Sign Up						1:00PM-3:30PM (Basketball)	
Lane Swim - Brantford - Saturday 1:15 PM Sign Up						1:15PM-7:30PM (Lane Swim)	
Open Swim - Brantford - Saturday 1:15 PM Sign Up						1:15PM-7:30PM (Open Swim) 1:15PM-7:00PM (Open Swim)	
YThrive - Brantford - Saturday 2:00 PM Sign Up						2:00PM-2:45PM (YThrive)	
YThrive - Brantford - Saturday 3:00 PM Sign Up						3:00PM-3:45PM (YThrive)	
Open Gym - Brantford - Saturday 3:15 PM Sign Up						3:15PM-7:30PM (Open Gym)	
Drop In Soccer - Brantford - Saturday 3:45 PM Sign Up						3:45PM-5:45PM (Soccer)	
YThrive - Brantford - Saturday 4:00 PM Sign Up						4:00PM-4:45PM (YThrive)	
Drop In Basketball - Brantford - Saturday 6:00 PM Sign Up						6:00PM-7:45PM (Basketball)	
Family Open Gym - Brantford - Saturday 9:00 AM Sign Up						6:30PM-9:00PM (Open Gym)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym - Brantford - Sunday 8:00 AM Sign Up							8:00AM-10:00AM (Open Gym)
Lane Swim - Brantford - Sunday 8:00 AM Sign Up							8:00AM-8:45AM (Lane Swim)
Drop In Pickleball - Brantford - Sunday 9:00 AM Sign Up							9:00AM-11:30AM (Pickleball)
CycleFit - Brantford - Sunday 9:00 AM Sign Up							9:00AM-9:45AM (CycleFit)
AquaFit - Brantford - Sunday 9:00 AM Sign Up							9:00AM-9:45AM (AquaFit)
Open Swim - Brantford - Sunday 9:30 AM Sign Up							9:30AM-5:30PM (Open Swim)
Karate Fundamentals (6 - 12) - Brantford - Sunday 10:00 AM Sign Up							10:00AM-10:45AM (Karate Fundamentals 6-12)
YThrive - Brantford - Sunday 10:00 AM Sign Up							10:00AM-10:45AM (YThrive)
Yoga - Brantford - Sunday 10:00 AM Sign Up							10:00AM-11:00AM (Yoga)
Lane Swim - Brantford - Sunday 10:00 AM Sign Up							10:00AM-5:30PM (Lane Swim)
Open Swim - Brantford - Sunday 10:00 AM Sign Up							10:00AM-5:30PM (Open Swim)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Karate Fundamentals (6 - 12) - Brantford - Sunday 11:00 AM Sign Up							11:00AM-11:45AM (Karate Fundamentals 6-12)
YThrive - Brantford - Sunday 11:00 AM Sign Up							11:00AM-11:45AM (YThrive)
Family Pickleball - Brantford - Sunday 11:30 AM Sign Up							11:30AM-12:30PM (Pickleball)
Open Gym - Brantford - Sunday 12:00 PM Sign Up							12:00PM-12:45PM (Open Gym)
YThrive - Brantford - Sunday 1:00 PM Sign Up							1:00PM-1:45PM (YThrive)
Learn to Play Volleyball - Brantford - Sunday 1:00 PM Sign Up							1:00PM-2:00PM (Learn to Play Volleyball)
YThrive - Brantford - Sunday 2:00 PM Sign Up							2:00PM-2:45PM (YThrive)
Drop In Volleyball - Brantford - Sunday 2:30 PM Sign Up							2:30PM-5:30PM (Volleyball)
Youth Drop In Volleyball - Brantford - Sunday 2:30 PM Sign Up							2:30PM-5:30PM (Volleyball)
YThrive - Brantford - Sunday 3:00 PM Sign Up							3:00PM-3:45PM (YThrive)
Open Gym - Brantford - Sunday 3:15 PM Sign Up							3:15PM-5:30PM (Open Gym)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
YThrive - Brantford - Sunday 4:00 PM Sign Up							4:00PM-4:45PM (YThrive)