



Laurier Brantford YMCA
100 Water Street
Brantford, Ontario N3T 0P1
p. 519-512-4891
ymcahbb.ca

Group Fitness Instructor - Aquafit

Location: Laurier Brantford Family YMCA, 100 Water St., Brantford, ON

Position Type: Part-Time, hourly

Pay rate: \$26.14 per hour

Salary Grade: Grade 3

Position Description:

We believe that it is through the power of our amazing people that the #YSavesLives. By joining the Health, Fitness, Aquatics & Residence team, you will contribute to making our Y the best place to work.

The Group Fitness Instructor – AquaFit, will report to the Health & Wellness Supervisor of the respected branch. The AquaFit instructor is responsible for the coordination and direct delivery of all AquaFit group fitness classes.

This position is part-time position with a flexible schedule based on programming needs. This may include mornings, afternoons, evenings, weekends with an emphasis on Group Fitness, program reviews and the provision of excellent customer service.

This is a great opportunity for an individual with a high level of interest in working with the YMCA HBB as a charitable organization.

What You'll Do:

- Direct delivery of AquaFit classes, modeling service excellence in assigned program areas
- Interact with members, developing positive relationships and addressing concerns or questions
- Create and implement plans for specialty programs which may include corporate fitness initiatives
- Provide direct delivery in specified program area of expertise.
- Prepare and set up program equipment/rooms and cleans and tidies up equipment/rooms after use, reporting any repairs to supervisor.
- Act as a primary point of contact and interaction with members, developing positive relationships and addressing concerns and/or questions.
- Ensure appropriate policies and procedures are implemented and monitored to ensure safe and effective members and volunteer participation.
- Responsible for ensuring qualifications and certifications as required by the YMCA and regulatory standards are current at all times.
- Required to work a variety of shifts (including weekdays and weeknights).



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What You'll Bring:

- Current Standard First Aid and CPR-C certification
- Up to date and relevant Group Fitness Certifications such as YMCA Group Fitness, Aquafit or equivalent
- Previous experience in teaching group fitness classes (i.e. Cardio Fit, Boot Camp, High Intensity Interval Training)
- Post secondary education in physical education or related field
- Excellent customer service skills

A Major Asset if:

- You are comfortable teaching a variety of Cardio/Strength formats with a range of small equipment such as dumbbells, steps, and/or bands.

Ready to Make a Difference? This is your chance to play a critical role in shaping a thriving, inclusive workplace where employees feel supported and empowered. If you're passionate about people and excited to lead impactful initiatives, we want to hear from you!

Interested in applying?

Please submit your resume to: Shannon Davis, General Manager via email to Shannon.davis@ymcahbb.ca by **January 21, 2026**.

The YMCA of Hamilton|Burlington|Brantford is committed to creating an inclusive, diverse, equitable and accessible environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, sexual orientation, national origin, genetics, disability, age, or neurodiversity. We understand the social barriers preventing individuals from applying for open roles. We encourage those from the Indigenous, 2SLGBTQIA+, BIPOC, and Disabled communities to apply. If you need any accommodation throughout the recruitment process, please do not hesitate to contact our People, Leadership and Culture Department plc@ymcahbb.ca



Charitable Registration # 10808 3825 RR0001