

| November 3 - November 30 2025 |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
|-------------------------------|-------------------------------------|-------------------------------------------|-----------------------------------------------------|-------------------------------------|----------------------------------------------|------------------------|--------------------------------------------|--|--|--|--|
|                               | Monday                              | Tuesday                                   | Wednesday                                           | Thursday                            | Friday                                       | Saturday               | Sunday                                     |  |  |  |  |
| 6:00 AM                       | Lane Swim<br>6:00am - 9:45am        | Community Rental<br>6:00am - 7:30am       | Community Rental<br>6:00am - 7:30am                 | Community Rental<br>6:00am - 7:30am | Lane Swim<br>6:00am - 9:45am                 | Closed                 | Closed                                     |  |  |  |  |
| 6:30 AM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 7:00 AM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 7:30 AM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 8:00 AM                       |                                     | Lane Swim<br>7:45am - 11:30am             | Lane Swim<br>7:45am - 9:45am                        | Lane Swim<br>7:45am - 5:00pm        |                                              | Lane Swim<br>8:00-9:00 | Lane Swim<br>8:00am-10:45am                |  |  |  |  |
| 8:30 AM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 9:00 AM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 9:30 AM                       | Swim Lessons<br>(Reg)<br>9:00-11:00 |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 10:00 AM                      |                                     |                                           | Closed                                              |                                     |                                              |                        |                                            |  |  |  |  |
| 10:30 AM                      | Aquafit<br>10:00-10:45              |                                           | Aquafit<br>10:00-10:45                              | Aquafit<br>10:00-10:45              | 3 lanes<br>Private Lesson                    |                        |                                            |  |  |  |  |
|                               | Closed                              |                                           | Closed                                              | Closed                              |                                              |                        |                                            |  |  |  |  |
| 11:00 AM                      | Lane Swim<br>11:00am-3:30pm         | Closed<br>11:30am - 12:05pm               | Lane Swim<br>11:00am - 12:45pm                      |                                     | Teen & Adult<br>Lessons (Reg)<br>11:00-12:05 |                        | Lane Swim<br>11:20am - 12:00pm             |  |  |  |  |
| 11:30 AM                      |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 12 Noon                       |                                     | Lane Swim<br>12:05pm - 1:45pm             | Closed<br>12:45pm - 1:20pm                          |                                     | Closed                                       |                        | Open Swim<br>(2 Lanes)<br>12:00pm - 2:00pm |  |  |  |  |
| 12:30 PM                      |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 1:00 PM                       |                                     | Closed 1:45pm - 2:00pm                    | Lane Swim<br>1:20pm - 3:30pm                        |                                     | Lane Swim<br>12:15-2:00                      |                        |                                            |  |  |  |  |
| 1:30 PM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 2:00 PM                       |                                     | Lane Swim<br>2:00pm - 6:00pm              | Community Rental<br>3:30pm - 4:30pm                 |                                     | Open Swim<br>(2 Lanes)<br>2:00pm - 4:00pm    |                        | Closed                                     |  |  |  |  |
| 2:30 PM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 3:00 PM                       |                                     |                                           | ** cancelled Nov 12 and Nov 26 - lane swim extended |                                     |                                              |                        |                                            |  |  |  |  |
| 3:30 PM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 4:00 PM                       | Community Rental<br>3:30pm - 4:30pm |                                           | Closed 4:30pm - 5:00pm                              |                                     |                                              |                        |                                            |  |  |  |  |
| 4:30 PM                       | Closed<br>4:30pm - 5:00pm           |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 5:00 PM                       | Community Rental<br>5:00pm - 8:30pm | Open Swim<br>(2 Lanes)<br>6:00pm - 7:30pm | Community Rental<br>5:00pm - 8:00pm                 | Community Rental<br>5:00pm - 8:00pm | Community Rental<br>6:00pm - 8:00pm          |                        |                                            |  |  |  |  |
| 5:30 PM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 6:00 PM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 6:30 PM                       |                                     | Lane Swim<br>(1 lane)<br>7:30-9:00        | Adult Lessons<br>(Reg)<br>7:45-9:00                 |                                     |                                              |                        |                                            |  |  |  |  |
| 7:00 PM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 7:30 PM                       |                                     | Closed                                    | Closed                                              |                                     |                                              |                        |                                            |  |  |  |  |
| 8:00 PM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 8:30 PM                       | Closed                              | Closed                                    |                                                     |                                     |                                              |                        |                                            |  |  |  |  |
| 9:00 PM                       |                                     |                                           |                                                     |                                     |                                              |                        |                                            |  |  |  |  |



Group Fitness  
13+ years of age

Adult Drop-in Swims  
13+ years of age

All-ages Drop-in Swims  
Aquatics Admissions Criteria apply

Community Rental  
see Membership Desk for details

Registered Instructional Program  
see Membership Desk for details

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see Membership Desk for details