

Group Fitness Instructors – Line Dancing

Location: Flamborough Family YMCA, 207 Parkside Dr, Waterdown, ON L8B 1B9

Position Type: Part Time, hourly with complimentary YMCA membership

Hourly Rate: \$26.14 per hour

Pay Grade: Grade 2

Position Description:

The Group Fitness Instructor – (Line Dancing) is responsible for the coordination and direct delivery of all group fitness classes.

This position is a part-time position with a flexible schedule based on programming needs. This may include mornings, afternoons, evenings, weekends with an emphasis on Group Fitness, program reviews and the provision of excellent customer service.

This is a great opportunity for an individual with a high level of interest in working with the YMCA HBB as a charitable organization.

What You'll Do:

- Direct delivery of Line Dancing classes, modeling service excellence in assigned program areas
- Interact with members, developing positive relationships and addressing concerns or questions
- Create and implement plans for specialty programs which may include corporate fitness initiatives
- Provide direct delivery in specified program area of expertise
- Prepare and set up program equipment/rooms and cleans and tidies up equipment/rooms after use, reporting any repairs to supervisor
- Act as a primary point of contact and interaction with members, developing positive relationships and addressing concerns and/or questions
- Ensure appropriate policies and procedures are implemented and monitored to ensure safe and effective member and volunteer participation
- Responsible for ensuring qualifications and certifications as required by the YMCA and regulatory standards are current at all times
- Required to work a variety of shifts (including weekdays and weeknights)

What You Bring:

- Current Standard First Aid and CPR-C certification
- Up to date and relevant Group Fitness Certifications such as YMCA Group Fitness, Line Dancing, Pilates, Strength & Conditioning or equivalent
- Previous experience in teaching group fitness classes

What You Bring Cont'd:

- Post secondary education in physical education or related field
- Must provide a current Criminal Record and Judicial Matters Check (issued within the past 6 months) is a condition of employment as per the Association's policy

Ready to Make a Difference?

The YMCA is a charity that ignites potential in people. #YSavesLives starts with building a strong community. If you're passionate about creating a vibrant and healthy community where everyone thrives, we want to hear from you!

Interested in applying? Please submit your resume to: Shannon Kelly, Health & Wellness Supervisor at shannon.kelly@ymcahbb.ca by **October 20th, 2025**.

The YMCA of Hamilton|Burlington|Brantford is committed to creating an inclusive, diverse, equitable and accessible environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, sexual orientation, national origin, genetics, disability, age, or neurodiversity. We understand the social barriers preventing individuals from applying for open roles. We encourage those from the Indigenous, 2SLGBTQIA+, BIPOC, and Disabled communities to apply. If you need any accommodation throughout the recruitment process, please do not hesitate to contact our People, Leadership and Culture Department plc@ymcahbb.ca