

Group Fitness Instructor, Aquafit, Aqua Zumba

Location: Ron Edwards Family YMCA, 500 Drury Lane, Burlington, ON L7R 2X2

Position Type: Part-Time Salaried

Hourly Range: \$26.14/hour (Grade – 2)

Position Overview:

We believe that it is through the power of our amazing people that the #YSavesLives. By joining the Health & Wellness team, you will contribute to making our Y the best place to work.

The Group Fitness Instructor, Aquafit, Aqua Zumba is responsible for coordinating and directly delivering assigned group fitness classes. This role ensures the effective execution of fitness programs while maintaining high standards of customer service. The Group Fitness Instructor will focus on group fitness, program reviews, and providing excellent customer service.

This is an excellent opportunity for an individual with a strong interest in working with the YMCA of Hamilton|Burlington|Brantford as a charitable organization, contributing to the community's health and wellness.

What You'll Do:

- Direct delivery of (Aquafit, Aqua Zumba) fitness classes, modeling service excellence in assigned program areas.
- Interaction with members, developing positive relationships and addressing concerns or questions.
- Maintain relevant certifications/licenses.
- Required to work a variety of shifts which may include weekends, evenings, holidays and early mornings.
- Attend scheduled training events and staff meetings at the outlined training wage.

What You'll Bring:

- At least six (06) months of relevant experience in teaching group fitness classes, i.e, AquaFit.
- Excellent customer service skills with ability to build strong relationships and represent the association professionally in interactions with internal stakeholders and/or external communities.
- Valid certification in Standard First Aid and CPR Level C.
- Valid Group Fitness Certifications and/or License such as YMCA Group fitness or equivalent.

All offers of employment will be subject to the provision that the successful incumbent provides the YMCA of Hamilton|Burlington|Brantford with a current and satisfactory Police Records Check. Positions responsible for the direct supervision of children and/or vulnerable persons will be required, in addition to a Police Records Check, to provide a Vulnerable Sector Screening Report at the time of hire. Police Records Checks are reviewed on an individual basis, and the offence(s), if any, is considered in the decision-making process in relation to the requirement of working with children; therefore, not eliminating all candidates with a record from being offered a position.

Ready to Make a Difference?

The YMCA is a charity that ignites the potential in people. #YSavesLives starts with building a strong community. If you're passionate about creating a vibrant and healthy community where everyone thrives, we want to hear from you!

Don't meet every requirement?

Studies have shown that women and people of colour are less likely to apply to jobs unless they meet all qualifications. If you are excited about the role, but your resume doesn't align perfectly with every qualification in the description, apply anyway. You may still be the right candidate for this or other roles!

Interested in applying? Please submit your resume to: Andrea Sandhu, Health & Wellness Supervisor via email to andrea.sandhu@ymcahbb.ca by no later than **July 31, 2025**.