



Laurier Brantford YMCA
100 Water Street
Brantford, Ontario N3T 0P1
p. 519-512-4891
ymcahbb.ca

Group Fitness Instructors

Location: Laurier Brantford Family YMCA, 100 Water St, Brantford, ON

Position Type: Part Time, Hourly with complimentary YMCA membership

Hourly Wage: \$26.14 per hour

Position Description:

We believe that it is through the power of our amazing people that the #YSavesLives. By joining the Health, Fitness, Aquatics & Residence team, you will contribute to making our Y the best place to work.

The Group Fitness Instructor – (Yoga, Zumba, Aquafit, CycleFit, Boot Camp & HIIT) will be responsible for the coordination and direct delivery of all group fitness classes. This position is a part-time position with a flexible schedule based on programming needs. This may include mornings, afternoons, evenings, weekends with an emphasis on Group Fitness, program reviews and the provision of excellent customer service.

This is a great opportunity for an individual passionate about Health & Fitness, with a high level of interest in working with the YMCA HBB as a charitable organization.

What You'll Do:

- Direct delivery of Yoga, Zumba, Aquafit, CycleFit, Boot Camp & HIIT) fitness classes, modeling service excellence in assigned program areas;
- Interaction with members developing positive relationships and addressing concerns or questions;
- Maintain relevant certifications;
- Required to work a variety of shifts which may include weekends, evenings, holidays and early mornings;
- Attend scheduled training events at outlined training wage.

What You'll Bring:

- Current Standard First Aid and CPR-C certification
- Up to date and relevant Group Fitness Certifications such as YMCA Group Fitness "Yoga, Zumba, AquaFit" or equivalent
- Previous experience in teaching group fitness classes, (i.e CardioFit, Boot Camp, High Intensity Interval Training.)
- Post secondary education in physical education or related field
- Excellent customer service skills



Charitable Registration # 10808 3825 RR0001



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All offers of employment will be subject to the provision that the successful incumbent provides the YMCA of Hamilton | Burlington | Brantford with a current and satisfactory Police Records Check. Positions responsible for the direct supervision of children and/or vulnerable persons will be required, in addition to a Police Records Check, to provide a Vulnerable Sector Screening Report at the time of hire. Police Records Checks are reviewed on an individual basis, and the offence(s), if any, is considered in the decision-making process in relation to the requirement of working with children; therefore, not eliminating all candidates with a record from being offered a position.

Ready to Make a Difference? This is your chance to play a critical role in shaping a thriving, inclusive workplace where employees feel supported and empowered. If you're passionate about people and excited to lead impactful initiatives, we want to hear from you!

Don't meet every requirement? Studies have shown that women and people of colour are less likely to apply to jobs unless they meet all qualifications. If you are excited about the role, but your resume doesn't align perfectly with every qualification in the description, apply anyway. You may still be the right candidate for this or other roles!

Interested in applying? Please submit your resume to Shannon Davis, General Manager via email to: shannon.davis@ymcahbb.ca by closing date of **May 8, 2025**.

We thank all applicants; however, only those considered for an interview will be contacted.

The YMCA of Hamilton | Burlington | Brantford is committed to creating an inclusive, diverse, equitable and accessible environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, sexual orientation, national origin, genetics, disability, age, or neurodiversity. We understand the social barriers preventing individuals from applying for open roles. We encourage those from the Indigenous, 2SLGBTQIA+, BIPOC, and Disabled communities to apply. If you need any accommodation throughout the recruitment process, please do not hesitate to contact our People, Leadership and Culture Department plc@ymcahbb.ca



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