

MONDAY DECEMBER 23, 2024- 5:30AM TO 10:00PM								
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL		
5:30 AM	Open Gym 5:30am-8:45am							
6:00 AM								
6:30 AM								
7:00 AM		Drop In Basketball 7:15am-8:45am		Strength & Conditioning- Studio B- 7:15-8:00	Lane Swim 6:00am- 9:00am			
7:30 AM								
8:00 AM								
8:30 AM								
9:00 AM	Holiday Break Programs 4-12yrs 9:00am-12:00pm	Open Pickleball 9:00-12:00	Holiday Break Programs 4-12yrs 9:00am-12:00pm		AquaFit 9:10-10:00	Open Swim 9:00am- 3:30pm		
9:30 AM				Balance + Studio B 10:15-11:00				
10:00 AM								
10:30 AM								
11:00 AM								
11:30 AM	Open Gym 12:15pm-9:45pm	Closed for Cleaning		Cyclefit- Studio C 12:15-1:00	Lane Swim/ Open Swim 10:15am- 3:30pm			
12:00 PM								
12:30 PM		Drop In Basketball 1:00pm- 4:45pm						
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM	Open Gym 12:15pm-9:45pm	Drop In Pickleball 5:00pm- 8:00pm		Strength & Conditioning Studio B- 5:45-6:30	Swim Lessons 4:00pm- 7:30pm	Swim Lessons 4:00pm- 7:30pm		
5:00 PM							VIPR- Studio B 6:45-7:30	
5:30 PM								
6:00 PM								
6:30 PM								
7:00 PM		Drop In Basketball 8:15pm- 9:45pm			Lane Swim/ Open Swim 7:45pm-9:30pm	Open Swim 7:45pm- 9:00pm		
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								
9:30 PM								
10:00 PM								
TUESDAY DECEMBER 24, 2024- 5:30AM TO 2:00PM								
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL		
5:30 AM	Open Gym 6:00 - 8:45	Drop In Basketball 6:00-1:45pm			Lane Swim/ Open Swim 6:00- 1:30			
6:00 AM								
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM								
8:30 AM								
9:00 AM	Holiday Break Programs 4-12yrs 9:00am-12:00pm		Drop In Basketball 6:00-1:45pm	Holiday Break Programs 4-12yrs 9:00am-12:00pm				
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM					Open Swim 9:00- 1:30			
11:30 AM								
12:00 PM	Open Gym 12:15-1:45							
12:30PM								
1:00PM								
1:30 PM								
2:00 PM								

WEDNESDAY DECEMBER 25, 2024- CLOSED

THURSDAY DECEMBER 26, 2024- 8:00AM TO 4:00PM						
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL
8:00 AM	Open Gym 8:00am-3:45pm	Drop In Basketball 8:00am-3:45pm			Lane Swim/ Open Swim 8:00am-3:30pm	Open Swim 8:00am-3:30pm
8:30 AM						
9:00 AM						
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM						
1:00 PM						
1:30 PM						
2:00 PM						
2:20 PM						
3:00 PM						
3:30 PM						
4:00 PM						

FRIDAY DECEMBER 27, 2024- 5:30AM TO 9:00PM							
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL	
5:30 AM	Open Gym 5:30am- 8:45pm				Lane Swim 6:00-10:00		
6:00 AM							
6:30 AM				Synergy Circuit Fitness Floor- 6:45-7:30			
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM		Open Pickleball 9:00-12:00				Open Swim 9:00am- 8:30pm	
9:30 AM							
10:00 AM							
10:30 AM			Yoga- Studio A 10:30-11:30				
11:00 AM							
11:30 AM							
12:00 PM		Closed for Cleaning					
12:30 PM							
1:00 PM		Drop In Basketball 1:00-3:45			Lane Swim/ Open Swim 10:15-8:30		
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM		Drop In Badminton 4:00pm-8:00pm					
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							

SATURDAY DECEMBER 28, 2024- 8:00AM TO 6:00OM								
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL		
8:00 AM	Family Open Gym 8:00am-12:00pm							
8:30 AM								
9:00 AM		Open Pickleball 9:00am-12:00pm		Strength & Conditioning Studio B- 9:00-9:45		Open Swim 9:00-5:30		
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM	Open Gym 12:15-5:45pm				Lane Swim/ Open Swim 8:00-5:30		Open Swim 9:00-5:30	
12:30 PM		Open Badminton- Gym A 12:30-3:30						
1:00 PM								
1:30 PM		Drop In Basketball- Gym B 12:30-3:30						
2:00 PM								
2:30 PM		Open Soccer 3:45-5:45						
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM								
6:00 PM								

SUNDAY DECEMBER 29, 2024- 8:00AM TO 6:00PM								
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL		
8:00 AM	Family Open Gym 8:00am-12:00pm				Lane Swim 8:00-9:00			
8:30 AM								
9:00 AM		Open Pickleball 9:00am-12:00pm			Cyclefit- Studio B 9:00-9:45	AquaFit 9:15-10:00	Open Swim 9:00-5:30	
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM	Open Gym 12:15-5:45pm				Lane Swim/ Open Swim 10:15-5:30			
12:30 PM								
1:00 PM		Open Volleyball 1:00-5:00						
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM								
6:00 PM								

MONDAY DECEMBER 30, 2024- 5:30AM TO 10:00PM								
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL		
5:30 AM	Open Gym 5:30-9:45							
6:00 AM								
6:30 AM								
7:00 AM					Strength & Conditioning- Studio B- 7:15-8:00	Lane Swim 6:00am- 9:00am		
7:30 AM		Drop In Basketball 7:15am-8:45am						
8:00 AM								
8:30 AM								
9:00 AM						Aquafit 9:10-10:00	Open Swim 9:00am- 8:30	
9:30 AM								
10:00 AM		Open Pickleball 9:00-12:00			Balance + Studio B 10:15-11:00			
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM								
12:30 PM		Closed for Cleaning			Cyclefit -Studio C 12:15-1:00			
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM		Drop In Basketball 1:00pm- 4:45pm				Lane Swim/ Open Swim 10:15am- 9:30		
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM					Strength & Conditioning Studio B- 5:45-6:30			
5:30 PM								
6:00 PM		Drop In Pickleball 5:00pm- 8:00pm			ViPR- Studio B 6:45-7:30			
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM	Drop In Basketball 8:15pm- 9:45pm							
9:00 PM								
9:30 PM								
10:00 PM								

TUESDAY DECEMBER 31, 2024- 5:30AM TO 2:00PM							
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL	
5:30 AM	Open Gym 6:00 - 1:45	Drop In Basketball 6:00-1:45pm			Lane Swim/ Open Swim 6:00- 1:30		
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30PM							
1:00PM							
1:30 PM							
2:00 PM							

WEDNESDAY JANUARY 1, 2025- 12:00PM TO 4:00PM									
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL			
12:00 PM	Open Gym 12:00pm-3:45pm	Drop In Basketball 12:00pm-3:45pm			Lane Swim/ Open Swim 12:00-3:30pm	Open Swim 12:00pm-3:30pm			
12:30 PM									
1:00 PM									
1:30 PM									
2:00 PM									
2:30 PM									
3:00 PM									
3:30 PM									
4:00 PM									
THURSDAY JANUARY 2, 2025- 5:30AM TO 10:00PM									
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL			
5:30 AM	Open Gym 5:30am- 8:45am								
6:00 AM									
6:30 AM									
7:00 AM						Lane Swim 6:00am-9:00am			
7:30 AM									
8:00 AM									
8:30 AM									
9:00 AM		Holiday Break Programs 4-12yrs 9:00am-12:00pm	Open Pickleball 9:00-12:00	Holiday Break Programs 4-12yrs 9:00am-12:00pm		Aquafit 9:15am-10:00am	Open Swim 9:00am- 8:30pm		
9:30 AM									
10:00 AM									
10:30 AM									
11:00 AM									
11:30 AM				Yoga- Studio A 11:30-12:30					
12:00 PM	Open Gym 12:15pm- 9:45pm	Closed for Cleaning							
12:30 PM									
1:00 PM		Drop In Basketball 1:00-5:45							
1:30 PM									
2:00 PM									
2:30 PM									
3:00 PM									
3:30 PM									
4:00 PM									
4:30 PM									
5:00 PM					Lane Swim/ Open Swim 10:15am-9:30pm				
5:30 PM		Rental 6:00-8:00							
6:00 PM									
6:30 PM									
7:00 PM									
7:30 PM									
8:00 PM									
8:30 PM									
9:00 PM									
9:30 PM									
10:00 PM									
SUNDAY JANUARY 5, 2025- 8:00am- 6:00pm									
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL			
8:00 AM	Family Open Gym 8:00am-12:00pm	Rental 9:00-3:00			Lane Swim 8:00-9:00				
8:30 AM									
9:00 AM						Cyclefit- Studio B 9:00-9:45	Aquafit 9:15-10:00		
9:30 AM							Lane Swim/ Open Swim 10:15-5:30	Open Swim 9:00am-5:30pm	
10:00 AM									
10:30 AM									
11:00 AM									
11:30 AM			Open Gym 12:15-5:45pm						
12:00 PM									
12:30 PM									
1:00 PM									
1:30 PM									
2:00 PM									
2:30 PM									
3:00 PM									
3:30 PM									
4:00 PM									
4:30 PM									
5:00 PM									
5:30 PM									
6:00 PM									

FRIDAY JANUARY 3 2025- 5:30AM TO 9:00PM							
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL	
5:30 AM	Open Gym 5:30am- 8:45am				Lane Swim 6:00am-9:00am		
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM	Holiday Break Programs 4-12yrs 9:00am-12:00pm	Open Pickleball 9:00-12:00	Holiday Break Programs 4-12yrs 9:00am-12:00pm		AquaFit 9:15am-10:00am	Open Swim 9:00am- 8:30pm	
9:30 AM							
10:00 AM				Yoga- Studio A 10:30-11:30			
10:30 AM							
11:00 AM							
11:30 AM	Closed for Cleaning						
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM		Drop In Basketball 1:00-3:45					
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM	Drop In Badminton 4:00pm-8:00pm						
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							

SATURDAY JANUARY 4, 2025- 8:00am- 6:00pm							
	SINGLE GYM	DOUBLE GYM	CHILD & YOUTH	STUDIO (A, B, C)	LAP POOL	LEISURE POOL	
8:00 AM	Family Open Gym 8:00-10:45				Lane Swim 8:00am- 9:00am		
8:30 AM							
9:00 AM		Open Pickleball 9:00am-12:00pm				Closed for Staff Training 9:00am- 2:00pm	Closed for Staff Training 9:00am- 2:00pm
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM	Closed for Staff Training 11:00-1:00						
11:30 AM							
12:00 PM		Open Badminton- Gym A 12:30-3:30					
12:30 PM							
1:00 PM							
1:30 PM	Drop In Basketball- Gym B 12:30-3:30						
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM	Open Gym 1:15pm- 5:45pm				Lane Swim/ Open Swim 2:15pm- 5:30pm	Open Swim 2:15pm- 5:30pm	
4:00 PM							
4:30 PM							
5:00 PM		Open Soccer 3:45-5:45					
5:30 PM							
6:00 PM							