

| Hamilton Downtown Family YMCA · December 23 - December 29 |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
|---|------------------------------------|-------------------------------------|---------------------------------|-------------------------------------|------------------------------------|-------------------------------------|-------------------------------------|
| POOL SCHEDULE   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
|   | Monday<br>Dec 23                   | Tuesday<br>Dec 24                   | Wednesday<br>Dec 25             | Thursday<br>Dec 26                  | Friday<br>Dec 27                   | Saturday<br>Dec 28                  | Sunday<br>Dec 29                    |
| 6:00 AM   | Closed                             | Closed                              | Christmas Day<br>YMCA is closed | Closed                              | Closed                             | Closed                              | Closed                              |
| 6:30 AM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 7:00 AM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 7:30 AM   | Lane Swim<br>7:30-9:45             | Lane Swim<br>7:30-11:00             |                                 | Lane Swim<br>8:00-11:00             | Lane Swim<br>7:30-9:45             | Lane Swim<br>8:00-11:00             | Lane Swim<br>8:00-10:30             |
| 8:00 AM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 8:30 AM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 9:00 AM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 9:30 AM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 10:00 AM  | Aquafit<br>10:00-10:45             |                                     |                                 |                                     | Aquafit<br>10:00-10:45             |                                     |                                     |
| 10:30 AM  |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 11:00 AM  | Lane Swim<br>11:00-1:00            | Open Swim<br>(1 lane)<br>11:00-1:30 |                                 | Open Swim<br>(1 lane)<br>11:00-1:30 | Lane Swim<br>11:00-1:00            | Open Swim<br>(1 lane)<br>11:00-2:00 | Open Swim<br>(1 lane)<br>10:30-1:00 |
| 11:30 AM  |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 12 Noon   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 12:30 PM  |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 1:00 PM   | Open Swim<br>(1 lane)<br>1:00-3:30 |                                     |                                 | Lane Swim<br>1:30-3:30              | Open Swim<br>(1 lane)<br>1:00-3:30 | Lane Swim<br>2:00-5:00              | Lane Swim<br>1:00-3:30              |
| 1:30 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 2:00 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 2:30 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 3:00 PM   | Lane Swim<br>3:30-6:30             | Closed                              |                                 | Closed                              | Lane Swim<br>3:30-6:30             | Closed                              | Closed                              |
| 3:30 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 4:00 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 4:30 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 5:00 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 5:30 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 6:00 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 6:30 PM   | Open Swim<br>(1 lane)<br>6:30-9:00 |                                     |                                 |                                     | Open Swim<br>(1 lane)<br>6:30-9:00 |                                     |                                     |
| 7:00 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 7:30 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 8:00 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 8:30 PM   |                                    |                                     |                                 |                                     |                                    |                                     |                                     |
| 9:00 PM   | Closed                             |                                     |                                 |                                     | Closed                             |                                     |                                     |

POOL SCHEDULE

|          | Monday<br>Dec 30                   | Tuesday<br>Dec 31                   | Wednesday<br>Jan 1                  | Thursday<br>Jan 2                  | Friday<br>Jan 3                    | Saturday<br>Jan 4                   | Sunday<br>Jan 5                     |        |
|----------|------------------------------------|-------------------------------------|-------------------------------------|------------------------------------|------------------------------------|-------------------------------------|-------------------------------------|--------|
| 6:00 AM  | Closed                             | Community Rental<br>6:00-7:30       | Closed                              | Closed                             | Closed                             | Closed                              | Closed                              |        |
| 6:30 AM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 7:00 AM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 7:30 AM  | Lane Swim<br>7:30-9:45             | Lane Swim<br>7:30-11:00             |                                     | Lane Swim<br>7:30-1:00             | Lane Swim<br>7:30-9:45             | Lane Swim<br>8:00-11:00             | Lane Swim<br>8:00-10:30             |        |
| 8:00 AM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 8:30 AM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 9:00 AM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 9:30 AM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 10:00 AM | Aquafit<br>10:00-10:45             |                                     |                                     |                                    |                                    | Aquafit<br>10:00-10:45              |                                     |        |
| 10:30 AM |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 11:00 AM | Lane Swim<br>11:00-1:00            | Open Swim<br>(1 lane)<br>11:00-1:30 | Open Swim<br>(1 lane)<br>12:00-1:30 |                                    | Lane Swim<br>11:00-1:00            | Open Swim<br>(1 lane)<br>11:00-2:00 | Open Swim<br>(1 lane)<br>10:30-1:00 |        |
| 11:30 AM |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 12 Noon  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 12:30 PM |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 1:00 PM  | Open Swim<br>(1 lane)<br>1:00-3:30 | Closed                              | Lane Swim<br>1:30-3:30              | Open Swim<br>(1 lane)<br>1:00-3:30 | Open Swim<br>(1 lane)<br>1:00-3:30 | Lane Swim<br>1:00-3:30              |                                     |        |
| 1:30 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 2:00 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 2:30 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 3:00 PM  | Lane Swim<br>3:30-6:00             |                                     | Closed                              | Lane Swim<br>3:30-6:00             | Lane Swim<br>3:30-6:00             | Lane Swim<br>2:00-5:00              | Closed                              |        |
| 3:30 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 4:00 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 4:30 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 5:00 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 5:30 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 6:00 PM  | Community Rental<br>6:00-9:00      | Closed                              |                                     | Closed                             | Community Rental<br>6:00-8:30      | Community Rental<br>6:00-8:00       |                                     | Closed |
| 6:30 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 7:00 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 7:30 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 8:00 PM  |                                    |                                     |                                     |                                    |                                    |                                     |                                     |        |
| 8:30 PM  |                                    |                                     | Open Swim<br>(2 lane)<br>8:00-9:00  |                                    |                                    |                                     |                                     |        |
| 9:00 PM  | Closed                             |                                     |                                     | Closed                             | Closed                             |                                     |                                     |        |



Group Fitness  
13+ years of age

Adult Drop-in Swims  
13+ years of age

Community Rental  
see Membership Desk for details

All-ages Drop-in Swims  
Aquatics Admissions Criteria apply