


POOL SCHEDULE											
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00 AM	Closed	Closed	Closed	Closed	Closed	Closed	Closed				
6:30 AM											
7:00 AM											
7:30 AM	Lane Swim 8:00-11:45	Lane Swim 7:30-8:15	Lane Swim 7:30-9:45	Lane Swim 7:30-1:00	Lane Swim 7:30-1:00	Lane Swim 8:00-11:00	Lane Swim 8:00-12:00				
8:00 AM								Lane Swim 8:00-11:00	Lane Swim 8:00-12:00		
8:30 AM		Hydrotherapy (1 lane) 8:30-9:15									
9:00 AM											
9:30 AM		Open Swim (1 lane) 11:05-2:00	Lane Swim 9:30-1:00						Lane Swim 9:30-1:00	Open Swim (1 lane) 11:15-2:00	Lane Swim 8:00-12:00
10:00 AM								Aquafit 10:00-10:45			
10:30 AM											
11:00 AM	Open Swim (1 lane) 11:05-2:00	Lane Swim 9:30-1:00	Lane Swim 11:00-1:00	Lane Swim 7:30-1:00	Lane Swim 7:30-1:00	Open Swim (1 lane) 11:15-2:00	Lane Swim 8:00-12:00				
11:30 AM											
12 Noon											
12:30 PM	Open Swim (1 lane) 11:05-2:00	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 11:15-2:00	Open Swim (1 lane) 12:15-3:30				
1:00 PM											
1:30 PM											
2:00 PM	Lane Swim 2:00-3:30	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 1:05-3:40	Lane Swim 2:00-5:00	Open Swim (1 lane) 12:15-3:30				
2:30 PM											
3:00 PM											
3:30 PM	Closed	Lane Swim 3:45-5:55	Lane Swim 3:45-6:25	Lane Swim 3:45-5:55	Lane Swim 3:45-5:55	Lane Swim 2:00-5:00	Open Swim (1 lane) 12:15-3:30				
4:00 PM											
4:30 PM											
5:00 PM		Open Swim (1 lane) 6:00-7:55	Lane Swim 3:45-6:25	Lane Swim 3:45-5:55	Lane Swim 3:45-5:55	Open Swim (1 lane) 11:15-2:00	Open Swim (1 lane) 12:15-3:30				
5:30 PM											
6:00 PM											
6:30 PM		Open Swim (1 lane) 6:00-7:55	Open Swim (1 lane) 6:30-7:55	Open Swim (1 lane) 6:00-7:55	Open Swim (1 lane) 6:00-7:55	Closed	Closed				
7:00 PM											
7:30 PM											
8:00 PM		Closed	Lane Swim 8:00-9:00	Lane Swim 8:00-9:00	Lane Swim 8:00-9:00	Lane Swim 8:00-9:00	Closed	Closed			
8:30 PM											
9:00 PM											
	Closed	Closed	Closed	Closed	Closed	Closed	Closed				



Effective: Sept 2 to 8

Group Fitness
13+ years of age

Adult Drop-in Swims
13+ years of age

All-ages Drop-in Swims
Aquatics Admissions Criteria apply

Community Rental
see Membership Desk for details

† Community Rental - provides own lifeguard

Registered Instructional Program
see Membership Desk for details