

Back on track^{by the Y}

49 youth participated
in Back on Track by the Y in
Brantford

2025-2026 ANNUAL REPORT

We're proud to have collaborated with
Grand Erie District School Board, Brant Haldim and Norfolk Catholic District School
Board

Our Contribution to Student Success

The program

The Back on Track program by the Y helps youth between 12 and 17 years of age who are facing temporary suspension from their academic institution, are temporarily suspended, are referred preventatively or at risk of suspension following problematic behaviour. The program aims to reduce the number of repeated suspensions by offering youth the chance to transform their period of suspension into a positive experience fostering personal development and autonomy, mostly by:

-  **Placing them in an environment focused on building self-worth**
-  **Developing social skills**
-  **Promoting self-respect and respect for others**

Who are
these
youths?



60%

Boys



40%

Girls

Average
13 years old

Main reasons for referral to program

34%

Disruptive
behaviour

15%

Apathy & lack
of motivation

11%

Physical
violence

11%

Verbal abuse

The Partners

This collaboration was developed in consultation with schools, based on the needs they expressed, to ensure the project would complement existing services.



In total
14

schools used the program

Distribution by grade

Grade 5	2%
Grade 6	18%
Grade 7	42%
Grade 8	28%
Grade 10	6%
Grade 11	4%

Parents - Legal guardians

Parents or guardians are key actors in the program and are involved from the start of the process.

The parent or guardian's presence at the reintegration meeting is essential and reinforces their central role in their child's education.

77%

Parents or legal guardians participated in their child's reintegration meeting.

Successes

The 2025-2026 school year in Brantford marked meaningful growth for the Back on Track Program, with 50 participants by the end of May. Back on Track continued to show strong success, offering students a supportive space to rebuild academic skills while also fostering personal growth. Many students developed greater self-confidence, improved coping strategies, and a renewed sense of belonging.

“The student has demonstrated a significant and encouraging reduction in disruptive and problematic behaviour since attending the program. She is actively applying learned strategies, including appropriately advocating for support from staff and choosing to walk away from challenging social situations.”

– Principal

Impact

Following their participation in the program, youth demonstrate improved behaviour, aptitudes, and academic success. Thanks to the ongoing monitoring of the program over the past year, we observed:

16% reduction in the overall severity of behaviours.

50% improvement in their overall situation at school.

29% of youth were not suspended again.

98% stated that they better understood the reason for their referral.

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