



MONDAY
FEB
16

Family Day Activities

Flamborough Family YMCA

PROGRAM SCHEDULE:

Body Fit Class (Gym)
9:15am – 10:00am

**Toddler & Parented
Play (0-6 years) (Gym)**
10:30am – 11:30am

**Family Fun Games
(Gym)**
11:45am – 1:00pm

Divided Open Gym
1:15pm – 3:45pm



POOL SCHEDULE:

Lane Swim (Lap Pool)
8:00am – 10:00am

**Open Swim (Lap
Pool)** 10:00am –
3:45pm

**Open Swim (Leisure
Pool)** 8:00am –

FAMILY DAY ACTIVITIES:

Free to Members
Non-Members: \$10 Family Pass

OPERATING HOURS
8:00 am - 4:00 pm

Visit ymcahbb.ca for more
information.