



Flamborough Family YMCA

HOLIDAY SCHEDULE

FACILITY HOURS

Civic Holiday Day

Monday, August 3, 2026
8:00 am - 2:00 pm

Group Fitness Schedule
Fitness Lollapalooza
with Diana
9:15 - 10:00 am

Pool Schedule

Lap Pool

8:00 - 8:45 am Lane Swim
9:00 - 1:45pm Open Swim

Leisure Pool

Open Swim
9:00 - 1:45 pm

***Child and Youth Programming and
Swim Lessons will not be running**

