1	Monday	Tues	sday	Wednesday	Thursday	IEDUL Friday	Saturday	Sunday
6:00 AM	. ionau	1400	July	Trouncoudy	maroday	inday	Cuturuuy	Cunady
6:30 AM	Closed	Clos	has	Closed	Closed	Closed		
7:00 AM	Oloseu	0.00	seu	Otoseu	Olosed	Otoseu	Closed	Closed
7:30 AM								
3:00 AM								
3:30 AM	Lane Swim			Lane Swim			Lane Swim	
0:00 AM	7:30-9:45			7:30-9:45			8:00-9:00	Lane Swim
0:30 AM								8:00-11:30
0:00 AM	Aguafit	Lane Swim 7:30-1:00		Aquafit 10:00-10:45	Lane Swim 7:30-1:00	Lane Swim 7:30-1:00	Swim Lessons (Reg) 9:00-11:00	Private
0:30 AM	Aquafit 10:00-10:45							
1:00 AM							Teen & Adult	Lesson (1 lane) 10:30-11:
1:30 AM							Lessons (Reg)	10.30-11.
2 Noon							11:00-12:05	
2:30 PM				Lane Swim 11:00-3:00			Open Swim (1 lane)	Open Swim (2 lanes) 11:30-2:00
1:00 PM	Lane Swim 11:00-3:00							
1:30 PM		Open	Curina			Open Swim	12:15-2:00	
2:00 PM		(2 laı	nes)			(2 lanes)		
2:30 PM		1:00-	3:00		On on Swim	1:00-3:00		
3:00 PM					Open Swim (2 lanes) 1:00-5:00		Lane Swim 2:00-4:00	
3:30 PM		Lane Swim 3:00-5:00		Open Swim (2 lanes) 3:00-5:00		Lane Swim 3:00-5:00		
4:00 PM	Open Swim (2 lanes)							
4:30 PM	3:00-5:00					0.00 0.00		
5:00 PM								
5:30 PM	Community	Open Swim (2 lanes) 5:00-7:45		Community Rental 5:00-6:30 Open Swim (2 lanes) 6:30-8:00	Community - Rental 5:00-8:00		Closed	Closed
6:00 PM	Rental 5:00-6:30					Open Swim (2 lanes) 5:00-8:00		
6:30 PM								
7:00 PM	Open Swim							
7:30 PM	(2 lanes) 6:30-8:00							
3:00 PM		Lane Swim	Adult					
8:30 PM		(1 lane) 7:45-9:00	Lessons (Reg)					
9:00 PM	Closed		7:45-9:00	Closed	Closed	Closed		
9:00 PM		Closed						
	Hamilto	n	Group Fitness 13+ years of age			Community Rental see Membership Desk for details		
Shine On Hamilton Burlington Brantford			Adult Drop-in Swims			Registered Instructional Program		
			13+ years of age			see Membership Desk for details		
			All-ages Drop-in Swims Aquatics Admissions Criteria apply			Registered Instructional Program see Membership Desk for details		

 ${\color{red}^{*}}\textit{When Aquatic Leadership is running pool space is shared.}$