



YMCA

We build strong kids,
strong families, strong communities.

VOLUNTEER POSTING

Thursday, January 1, 2009

Fitness Centre Volunteer

All YMCA Membership Centres

Hours/Days Wanted:

Variable- starting immediately

Situation:

The YMCA of Hamilton/Burlington is the 5th largest YMCA in Canada with an annual operating budget of \$25 million. The Association offers programs and services including health, fitness and recreation, family and children's services, camping and outdoor education, youth leadership development, community outreach and international development education.

This position requires a commitment to the YMCA mission and core values of: Responsibility, Honesty, Caring, and Respect, as well as, a commitment to building developmental assets in children and adults.

Nature & Scope:

Under the supervision of the Program Manager, fitness centre program volunteers have the following responsibilities:

- To be a YMCA fitness centre leader in accordance to the fitness centre standards and guidelines
- To maintain current YMCA Individual Conditioning Certification
- To portray a professional image at all times including YMCA uniform
- To be prepared and organized to deliver orientation/training sessions and provide instruction to members on use of equipment.
- To provide substitute instructor if unable to work

shift and relay the change to Program Manager, Fitness Centre Supervisor or Team Leader.

- To be responsive and friendly to all staff members and other volunteers.
- To report all accidents or unusual incidents to the Program Manager, Fitness Centre Supervisor, Team Leader or other YMCA Staff.
- To be familiar with YMCA Emergency Procedures and respond to emergencies to the level of your training.

Qualifications/Requirements:

- A cleared police security clearance. Security clearance forms should be forwarded to Human Resources. Reimbursement will be provided to the volunteer for the cost of the police security clearance once the security clearance has been approved by Human Resources.
- Complete all YMCA of Hamilton/Burlington/Brantford training within three months of start date including Health and Safety Training
- Instructors must hold a current Heartsaver CPR Level "C" and certification in YMCA and/or other Individual Conditioning certification. YMCA certification courses are offered throughout the year
- At least 16 years of age

Volunteer Commitment:

- Upon completion of a probationary period determined by the YMCA of Hamilton/Burlington/Brantford, volunteers are eligible to use the facility and programs within the facility they volunteer in on the day of their volunteer work.
- Training related to the volunteer position will be provided by the YMCA on an annual basis at no cost to the volunteer. In addition, conference fees of up to \$250/year are allocated to each active volunteer based on a scale reflecting hours provided during the current year
- One YMCA uniform piece will be provided at no cost to the volunteer
- YMCA Individual Re-certification costs are waived for all active volunteers

Contact Person:

Program Manager

If you are interested in this position, please submit your letter of application and resume by **Friday, December 31, 2010** to:

Genevieve Hladysch
Phone: 519 752-6568

YMCA of Hamilton/Burlington
Volunteer Posting : Fitness Centre Volunteer
Email: genevieve_hladysh@ymca.ca