

YMCA OF HAMILTON / BURLINGTON / BRANTFORD

YMCA Day Camps

A tradition of Growing, Learning & Belonging since 1890



2010

Welcome to YMCA Day Camps 2010

Our camping heritage makes YMCA Day Camps a trustworthy, solid, and dependable choice. Meeting new friends, learning new skills, and enjoying fun-filled days in a caring, supervised environment is what YMCA Day Camps is all about!

More information can be found at www.ymcahbb.ca or by calling your local YMCA branch.

Registration begins March 22, 2010

YMCA Core Values

Committed to helping children grow by teaching and reinforcing CARING, HONESTY, RESPECT, and RESPONSIBILITY.



The YMCA of Hamilton/Burlington/Brantford builds developmental assets. The Search Institute has identified 40 developmental assets that youth need to succeed. Throughout this brochure, you will see how YMCA Day Camps support some of these assets in children and youth. More information can be found on our website - www.ymcahbb.ca - or on the Search Institute's website at www.search-institute.org



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How to Register / Payment Methods / Financial Assistance

Two Ways to Register

1. **In person or mail to your local branch (listed below)**
2. **By fax (must include credit card information or photocopy of VOID cheque)**

C/O **YMCA DAY CAMPS**

Brantford Family YMCA

143 Wellington Street, Brantford, ON N3S 3Y8
Telephone: 519-752-6568 | Fax: 519-759-8431

Flamborough Family YMCA

207 Parkside Drive, Waterdown, ON L0R 2H1
Telephone: 905-690-3555 | Fax: 905-690-7410

Hamilton Downtown Family YMCA

79 James Street South, Hamilton, ON L8P 2Z1
Telephone: 905-529-7102 | Fax: 905-317-4917

Les Chater Family YMCA

356 Rymal Road East, Hamilton, ON L9B 1C2
Telephone: 905-667-1515 | Fax: 905-667-5879

Ron Edwards Family YMCA

500 Drury Lane, Burlington, ON L7R 2X2
Telephone: 905-632-5000 | Fax: 905-333-1767

Payment Schedule

Post-dated payments can be made according to the schedule below. If you are registering for a week and the post-dated deadline has passed, then full payment is due at the time of registration.

Camp Weeks/ Dates	Payment Deadline	Accepted Payment Method
Weeks 1 & 2 (July 5-July 16)	May 31, 2010	Pre-Authorized Debit (PAD, void cheque), VISA, Mastercard
Weeks 3 & 4 (July 19-July 30)	June 15, 2010	
Weeks 5 & 6 (Aug 3-Aug 13)	June 30, 2010	
Weeks 7 & 8 (Aug 16-Aug 27)	July 15, 2010	
Week 9 (Aug 30-Sept 3)	July 31, 2010	
Once the Post-Dated Deadline has passed	At time of registration	VISA, MasterCard, Cash, Cheque

Please note that PAD (Pre-Authorized Debit, void cheque) can only be used for post-dated payments.

Registration Reminders

- Registration MUST be accompanied by payment in full.
- Payments may be made by pre-authorized debit (PAD, void cheque), cash, cheque (cannot be post-dated), VISA, or Mastercard. Allowable payment methods and timelines are described in the payment schedule chart.
- All NSF payments will be subject to a \$35 administration fee.
- Registrations will not be accepted after Friday at 4:00 pm for attendance in the following week.
- Incomplete registration forms WILL NOT BE PROCESSED – please ensure all fields are filled out accurately.
- If you are receiving regional subsidy – a valid contract must be attached to the registration form, as well as payment (if applicable).
- Changes to camp preference or dates must be made by Friday at 4:00 pm before the registered camp week by submitting a completed Change of Status form which is available at any YMCA branch or www.ymcahbb.ca.
- Any refunds requested after May 31, 2010 will be subject to a \$25 administration fee per registration. No refunds will be given if less than 5 business days notice are provided.
- Refunds will not be given for inclement weather or pool/beach front closures.



Financial Assistance



Child Care Subsidy

Child Care Subsidy is available to families that qualify through the City of Hamilton, Brantford or Regional Municipality of Halton. Please direct inquiries to the City of Hamilton (905-546-4870), City of Brantford Child Care Services (519-756-3150), or Regional Municipality of Halton (905-693-4242). Some child care subsidies require children to attend Extended Camp Care in addition to camp (this will be identified on the subsidy contract). Participants receiving regional subsidy may only register for a maximum of 2 weeks in the specialty camp programs (those listed on page 9). There is no limit for the other programs.

YMCA Strong Kids Financial Assistance

No child will be denied a camp experience for financial reasons. Through the YMCA Strong Kids Campaign, we can assist with the payment of YMCA Day Camp fees. If your financial circumstances are limiting your access to register for Day Camp programs, please contact the YMCA to arrange a Day Camp Assistance appointment. All inquiries will be confidential. To book a financial assistance appointment, please call:

- **Brantford Family YMCA:** 519-752-6568
- **Flamborough Family YMCA:** 905-690-3555
- **Hamilton Downtown Family YMCA:** 905-529-7102
- **Les Chater YMCA:** 905-667-1515
- **Ron Edwards Family YMCA:** 905-632-5000

What to bring to your appointment:

- Completed financial assistance form found on our website or at your local YMCA
- Supporting documentation
- Payment for parent portion of the registration fee

Parent Reminders

Hours of Operation

Day Camps operate at their location from 9:00 am to 4:00 pm

(if your child is taking a bus to Camp Chippewa – please refer to the bussing hours on the last page of this brochure for drop off and pick up times). If you require a longer camp day, extended care programs are offered. Please see page 7 for more information and extended care locations.

Please note that all day camp and extended care locations will be closed on Monday, August 2 for the Civic Holiday.

Sign In and Out of Children

Children must be signed in/out by an adult 16 years of age or older. Children will be released only to those authorized to pick up as indicated on the registration form.

Adults arriving late to pick up a camper will be required to pay a late fee of \$20 for each half hour or part of, per child.



Variety

From the traditional outdoor nature camps of Camp Chippewa to indoor camps focusing on sportsmanship and fun, the YMCA has the right Day Camp experience for children of all ages from pre-school through teens. Please see page 6 for a listing of all camp programs, locations, and age requirements. Each program offered will incorporate a variety of active, quiet, and traditional camp activities daily. Parents registering their child for multiple weeks are encouraged to alternate the camp programs chosen.

Grouping Your Child with a Friend

Our groups are organized according to age of the campers. If you would like your child grouped with a friend of the same age during a camp week, please complete the "group with" portion of the registration form and we will strive to accommodate your request.

YMCA Staff Team

Our counsellors are university, college and high school students who have a personal interest in ensuring that your child's experience is one that will be cherished and remembered for many years. In addition to refining their leadership and program skills, these individuals also concentrate on developing and preparing the summer day camp programs. Many counsellors and support staff have been with us for several years. These individuals make a wonderful camping experience possible by providing a safe and enjoyable environment in which your child will learn, play and have fun. All counsellors are First Aid and CPR certified and have been trained on Healthy Child Development.

Behaviour Management Procedures

It is the YMCA's goal to provide a healthy, safe and secure environment for all participants. The YMCA teaches the core values through rules based on caring, honesty, respect and responsibility. Children who attend the program are expected to follow the behaviour guidelines and to interact appropriately within group ratios. Admission into and discharge from the day camp program will be at the discretion of the YMCA.

Behaviour Guidelines

Failure to follow these guidelines may result in suspension or removal from Day Camps.

- People are responsible for their actions
- We respect each other and the environment
- Honesty will be the basis for all relationships and interactions
- We will care for ourselves and those around us

Parent Reminders and Family Night Information

What Your Child Needs To Bring

Campers will need the following items to be prepared for all activities:

- Running shoes
- Sunscreen
- Water bottle
- Swimsuit and towel
- Nutritious nut-safe lunch and snacks *
- Bug Spray (optional)
- Light jacket
- Hat
- Weather appropriate extra clothing

* Campers are active and busy all day, please ensure they bring a healthy lunch, snack and drinks (water bottle is best) to nourish them throughout the day. For safe lunch and snack ideas, please see our safe lunch information sheet located on the web site at www.ymcahbb.ca.

Please label all of your child's belongings with their first and last name and leave all valuables at home.

Personal Belongings

The YMCA is **not** responsible for any items your child loses at camp. Please label all clothing and belongings that come to camp. Campers are asked not to bring items of any significant value. The YMCA will not provide refunds for damaged or lost belongings. **No electronic devices (iPods, gameboys, cell phones, etc.) are permitted at camp.**

Hot Weather Policy

YMCA staff will modify camp activities to accommodate for hot weather in order to promote the health and safety of all participants. This will include frequent water breaks, water activities, less active games and the use of the shaded and cooler areas of the camps. These precautions will allow all campers to enjoy a fun and safe camp experience, even on the hottest of days.

Does your child require medicine while attending camp or extended care?

Day camp staff can administer drugs/medication to a child **ONLY** when the parent/guardian of that child has completed the appropriate permission form. This form is available online, from bus monitors at bus stops, extended care locations, and at camp. All medications must be in the original container. Please send only enough medication for the week. Medications will be collected on the first day of the camp session and returned on the last day of the camp week.

If your child requires an inhaler, please complete the permission form. This will permit your child's counsellor to carry the inhaler and administer the inhaler on a schedule or upon the child's request. If you wish your child to carry the inhaler on their person, the second portion of the permission form must be fully complete, including a doctor's signature verifying the child can self-administer.

Will your child be bringing an epi-pen to camp?

If you identify on your child's registration form that they require use of an epi-pen for life-threatening allergies, your child will need to bring the epi-pen to camp every day. Children who require an epi-pen, but do not bring it, will not be admitted in to camp. In order to ensure your child's safety and proper communication with staff at camp, an "epi-pen information form" must accompany your child's registration form. Registration forms identifying the requirement of an epi-pen will not be processed without the completed epi-pen information form. Epi-pen information forms are available on the back of the registration form.

Family Night

All campers' family and friends are invited to attend our Summer Day Camps Family Night! It's a chance to come to Camp Chippewa and meet staff from all 7 day camp locations. There will be games, activities, food, fun, and a chance to canoe and hit a bullseye!

- Wednesday, July 28, 2010 (6:00-8:00 pm)
- Transportation: Buses will depart the Brantford Family YMCA, Hamilton Downtown Family YMCA, and Ron Edwards Family YMCA at 5:30 pm (Ron Edwards bus will pick up at the Flamborough YMCA at 5:50 pm) and return at approximately 8:30 pm. Families may also drive up to Christie Lake Conservation Area for 6:00 pm.



Building Developmental Assets the YMCA Way!

Creative Activities - Activities that promote the creative thinking of children, such as crafts and imaginative play, are incorporated daily.

Selecting the Right Camp



A variety of programs at many locations are available for children and youth aged 4 to 15. Selecting the right camp is essential for ensuring children enjoy their stay at YMCA Day Camps. Use the chart below or call your local YMCA to determine which program is right for your camper. Parents are encouraged, when signing up for several weeks, to choose a variety of program options.

In order to ensure developmentally appropriate activities and programming, children must meet the age requirement before the camp session begins.

		Camper Age <i>(must turn the age before the session starts)</i>										
CAMP NAME		Page #	4	5	6	7	8-9	10	11	12-13	14-15	16
OUTDOOR Christie Conservation Area (Busing included from Brantford, Burlington, Hamilton, & Flamborough)	Chippewa	8										
	Eco-Explorers	9										
	Canoe Skills (ages depend on week)	9										
	Fundamentals	9										
	LIT 1	12										
	LIT 2 (Prerequisite)	12										
INDOOR Most camps have an outdoor component depending on location	Helping Hands - Special Needs (Chippewa)	13										
	Stepping Stones (Tansley, Brantford YMCA, Hamilton YMCA)	10										
	Jr. Sports (Ron Edwards YMCA, Hamilton YMCA, Allan A. Greenleaf, Ryerson Heights)	10										
	Kidventure (Tansley, Brantford YMCA)	11										
	Sports (Tansley, Allan A. Greenleaf, Hamilton YMCA, Ryerson Heights)	11										
	LIT 3 (Prerequisite)	12										

Building Developmental Assets the YMCA Way!

ADULT ROLE MODELS - Staff are carefully selected to ensure that they are positive and fun role models. They promote and employ the YMCA core values of honesty, caring, responsibility and respect in every program. The leadership development programs aim to provide positive models for emerging leaders to emulate.

Camp Theme Days and Extended Camp Care Options

Camp Theme Days

Each week of camp is highlighted by theme and these themes will guide activities, songs, and programs one day a week. On this day, counsellors and children are encouraged to dress up according to the theme. KidVenture camp will use the themes to guide their weekly activities.

Week One	July 5 to July 9	Passport to Summer Fun
Week Two	July 12 to July 16	Rockin' Retro
Week Three	July 19 to July 23	Animal Antics
Week Four	July 26 to July 30	Beach Bonanza
Week Five**	August 3 to August 6.....	Lost in Space
Week Six	August 9 to August 13	Wild, Wild West
Week Seven	August 16 to August 20	Three Ring Circus
Week Eight	August 23 to August 27	When I Grow Up...
Week Nine	August 30 to September 3	Back to School Bash

** short week due to Civic Holiday

Extended Camp Care

Extended camp care is offered before camp starts and once camp is over at an additional fee. This safe, fun, and supervised child care environment is available at several locations.

- Ages 4-12
- \$30/week; \$24/week for week 5
- Operates from 7:00 am to 9:00 am and 4:00 pm to 6:00 pm
- If you wish to enroll in extended care and attend an indoor site (Stepping Stones, Jr. Sports, Sports, KidVenture programs), the indoor camp location and extended care location must be the same.
- Children who attend Camp Chippewa are bussed to camp and can choose any extended care location.
- Space in the extended care program is limited. Please register early to avoid disappointment.
- Some child care subsidy contracts require campers to enrol in the extended camp care program.

Locations

Burlington

Tansley Woods Community Center – 1996 Itabashi Way
Ron Edwards Family YMCA – 500 Drury Lane
Appleby United Church – 4407 Spruce Ave (Camp Chippewa only)

Hamilton, Flamborough & Stoney Creek

South Gate Church – 120 Clarendon Ave. (Camp Chippewa Only)
Hamilton Downtown Family YMCA – 79 James Street South
Allan A. Greenleaf School – 211 Parkside Dr., Waterdown (Weeks 1-7)
Stoney Creek YMCA Child Care Centre – 105 King St. East
(Camp Chippewa Only)

Brantford

Brantford Family YMCA - 143 Wellington Street
Ryerson Heights Elementary School - 33 Dowden Avenue (Weeks 1-8)

Extended care locations and times are subject to change based on availability.



Camp Chippewa (Christie Lake Conservation Area)

Camp Chippewa

Located in the majestic surroundings of Christie Lake Conservation Area, this camp includes spacious playing fields, a beautiful wooded area for supervised explorations, and a safe waterfront setting. Campers will have the opportunity to experience a combination of traditional outdoor day camp activities such as arts and crafts, waterfront swimming, archery, canoeing (children are required to wear a lifejacket), wilderness / environmental science pursuits and weekly themes.

- \$155/wk (weeks 1-4; 6-9)
- \$124 (week 5 – pro-rated for holiday closure)
- Ages 6-13
- Staff to Camper ratio is 1:10
- Bussing provided (see page 14 and 15 for locations & times)
 - those wishing to drop their children off at Christie Lake Conservation Area can do so at 9:00 am and pick up at 4:00 pm at the YMCA camp office

Chippewa Activities

Throughout the week, campers will have the opportunity to challenge themselves and develop skills in these camp activities:

Swimming: Safe and fun water games will be provided for all who attend camp. Everyone will be tested to determine swimming capabilities before doing any water-based activities. Campers will swim once per day (weather and water permitting), and must pass a swim test to enter the deeper area.

Field Games: These activities blend traditional and wacky games using a team approach.

Hiking: Throughout the week, children will have opportunities to explore hiking trails, stocked ponds, and boardwalks at Christie Lake Conservation Area with their group.

Please note: one of arts and crafts, archery, or canoeing will be offered each day (weather permitting).

Arts and Crafts: Campers will have the opportunity to work individually and in groups, using many different mediums to explore their artistic side. Be prepared for wonderful creations from your child, presented to you with a beaming smile.

Archery: Campers will learn the proper use of a bow and arrow. Each participant will be assisted by staff and taught the parts, proper use of the equipment, and the safety procedures. Campers must adhere to all safety regulations in order to participate in this program.

Canoeing: During the week, campers will have the opportunity to go canoeing (weather permitting) and learn the basics of a canoe. While canoeing, all participants must wear a life jacket and adhere to all safety regulations.



What Does a Typical Day at Chippewa Look Like?

9:00-9:30	Bus arrival/games with bus groups
9:30-10:15	Flagpole (camp gathering)
10:15-10:45	Hiking
10:45-11:00	Snack/Sunscreen Application
11:00-12:00	LOGS (low organized games) or Outdoor Field Game (depending on weather)
12:15-12:45	Lunch/LOGS
12:45-1:00	Transition to Swimming
1:00-2:00	Swimming
2:00-2:15	Transition from Swimming
2:15-2:30	Snack/Sunscreen Application
2:30-3:30	Canoeing/ Arts and Crafts/ or Archery
3:30-4:00	Flagpole/Bus Lines/ Departure

**** Note:** Christie Lake Conservation Area is an outdoor camp with covered pavilions available. During inclement weather, children will participate in low-activity games under the pavilions. Please send warmer clothes for these days. Use of Christie Lake Conservation Area's beachfront is dependent on clear water tests from the Ministry of Health. No refunds will be given for inclement weather or waterfront closure.

Building Developmental Assets the YMCA Way!

PERSONAL POWER - Children are given control over positive choices in the YMCA program which challenges them to articulate their suggestions and frustrations and choose appropriate actions.

Specialty Programs at Camp Chippewa

These specialty programs provide children with a skill-based alternative to the General Camp Chippewa program. Specialty programs blend traditional camp activities with a focus on experiential learning and progressive skill development.



Canoe Skills

This program will provide campers with an introduction to canoeing skills. Instructors will develop fun activities which will emphasize safety and the basic fundamentals of canoeing. Campers will also have the opportunity to participate in the traditional camp activities at Camp Chippewa. Children must wear a life jacket while in a canoe. Campers will receive a skills assessment at the end of the week.

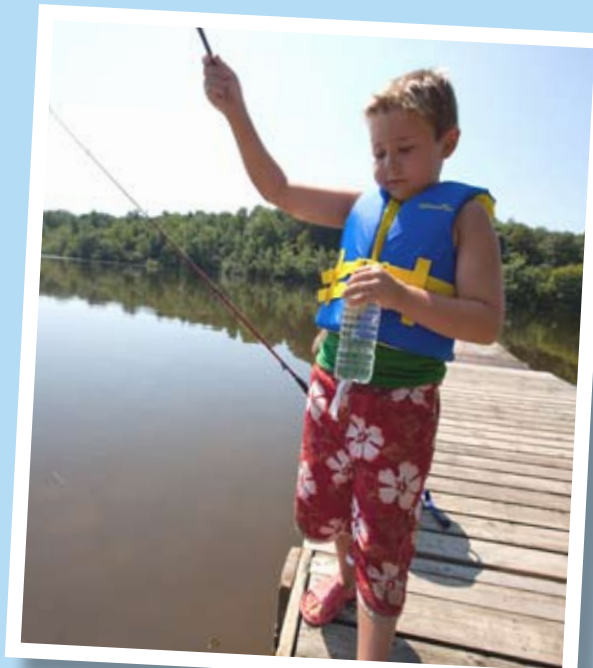
- \$180/wk (weeks 1-4 and 6-9)
- \$144/wk (week 5 pro-rated for holiday closure)
- weeks available are based by ages:
 - ages 8-9 (weeks 1, 3, 5, 7)
 - ages 10-12 (weeks 2, 4, 6, 8)
- Bussing provided (see page 14 and 15 for locations & times)
 - those wishing to drop their children off at Christie Lake Conservation Area can do so at 9:00 am and pick up at 4:00 pm at the YMCA camp office
- Staff to Camper ratio is 1:8

Eco-Explorers Camp

Campers will learn about their environment as well as the world around them through exciting activities and wilderness games. These activities will focus on nature education, science and outdoor games that promote learning through fun. Weekly themes include: air, water, weather, animal tracks and eco-systems.

These campers will enjoy a full camp program, including camp classics such as swimming, archery, arts & crafts and canoeing.

- \$170/wk (weeks 1-4 and 6-9)
- \$136/wk (week 5 pro-rated for holiday closure)
- Bussing provided (see page 14 and 15 for locations & times)
 - those wishing to drop their children off at Christie Lake Conservation Area can do so at 9:00 am and pick up at 4:00 pm at the YMCA camp office
- Ages 8-11
- Staff to Camper ratio is 1:10



Camp Fundamentals

Camp Fundamentals allows older campers to experience the magic of the outdoors and to learn valuable camping skills in a fun environment. Offered at Chippewa, Camp Fundamentals provides a wonderful opportunity for campers to experience the outdoors and to spend time with new friends. Camping skills will be taught, such as setting up a campsite, cooking over a fire, fire building and starting, no-trace camping, and a variety of survival techniques. Sleepouts are held once a week where campers will have the opportunity to prepare snacks, sing songs by the campfire, and experience Christie Lake Conservation Area at night.

These campers will enjoy a full camp program, including camp classics such as swimming, archery, arts & crafts and canoeing.

- \$210/wk (includes sleepout, dinner and snacks on Thursday, and breakfast and lunch on Friday) weeks 1-4 and 6-9
- \$168 (week 5 pro-rated for holiday closure)
- Ages 10-13
- Sleepout is held on Thursday (weather permitting)
- Bussing provided (see page 14 and 15 for locations & times)
 - those wishing to drop their children off at Christie Lake Conservation Area can do so at 9:00 am and pick up at 4:00 pm at the YMCA camp office
- Staff to Camper ratio is 1:10

Indoor Camp Locations and Programs



Camp Locations Include: *(subject to change based on availability)*

- Allan A. Greenleaf School (211 Parkside Drive, Waterdown)
- Ron Edwards Family YMCA (500 Drury Lane, Burlington)
- Brantford Family YMCA (143 Wellington Street, Brantford)
- Ryerson Heights Elementary School (33 Dowden Avenue, Brantford)
- Hamilton Downtown Family YMCA (79 James St. South, Hamilton)
- Tansley Woods Community Centre (1996 Itabashi Way, Burlington)

Programs for Children 7 and Under

Stepping Stones (ages 4 to 6)

A fun-filled program that allows young campers to play, learn and discover in a safe and supervised setting. Stepping Stones is an age appropriate full day program with a 1:8 staff to camper ratio. Activities include arts and crafts, songs and music, Theme Days, and (indoor) swimming (lifejackets provided). A sample schedule of a typical day is given on page 11.

Brantford Family YMCA

- \$145/wk (weeks 1-4 and 6-9)
- \$116 (week 5)
- Swimming on Monday, Tuesday, Thursday

Hamilton Downtown Family YMCA

- \$165/wk (weeks 1-4 and 6-9)
- \$132 (week 5 pro-rated for holiday closure)

Tansley Woods Community Centre

- \$180/wk (weeks 1-4 and 6-9)
- \$144 (week 5 pro-rated for holiday closure)

Junior Sports Camp (ages 5-7)

All the fun of Sports Camp with age appropriate programming and a focus on sportsmanship. Activities include swimming, introduction to sports (soccer, basketball, hockey), team games, arts & crafts and special Theme Days. Staff to Camper ratio is 1:10.

Allan A. Greenleaf Elementary School

- \$165/wk (week 1-4 and 6-7)
- \$132 (week 5 pro-rated for holiday closure)

Hamilton Downtown Family YMCA

- \$165/wk (week 1-4 and 6-9)
- \$132 (week 5 pro-rated for holiday closure)

Ron Edwards Family YMCA

- \$170/wk (week 1-4 and 6-9)
- \$136 (week 5 pro-rated for holiday closure)

Ryerson Heights Elementary School

- \$145/wk (weeks 1-4 and 6-8)
- \$116 (week 5)
- Swimming on Monday, Tuesday, Thursday

Building Developmental Assets the YMCA Way!

SELF ESTEEM - the staff are trained to use positive reinforcement that celebrates the various abilities of each child. Children are able to demonstrate their many talents during crafts, sport, outside play time, imaginative activities, swim, and other organized games.

Programs for Children 7 and Older

Sports Camp (ages 7-13)

Sports Camp focuses on participation and fair play, fitness and team spirit using a combination of traditional sports and innovative activities. Activities include swimming, arts and crafts, soccer, basketball, hockey, volleyball, football and team games. Staff to camper ratio is 1:12.

Allan A. Greenleaf Elementary School

- \$155/wk (weeks 1-4 and 6-7)
- \$124 (week 5 pro-rated for holiday closure)

Hamilton Downtown Family YMCA

- \$155/wk (week 1-4 and 6-9)
- \$124 (week 5 pro-rated for holiday closure)

Ryerson Heights Elementary School

- \$145/wk (weeks 1-4 and 6-8)
- \$116 (week 5)
- Swimming on Monday, Tuesday, Thursday

Tansley Woods Community Centre

- \$170/wk (weeks 1-4 and 6-9)
- \$136 (week 5 pro-rated for holiday closure)

KidVenture Camp (ages 7-11)

Kidventure Camp provides campers with the opportunity to explore their creativity in a safe and fun environment. Activities include: arts and crafts, swimming, co-operative games, outdoor play and Theme Days. On Thursdays campers will be visited by a guest speaker or special activity based on the week's theme. Staff to Camper ratio is 1:12.

Tansley Woods Community Centre

- \$170/wk (weeks 1-4 and 6-9)
- \$136 (week 5 pro-rated for holiday closure)

Brantford Family YMCA

- \$145/wk (weeks 1-4 and 6-9)
- \$116 (week 5)
- Swimming on Monday, Tuesday, Thursday

What Does a Typical Day at An Indoor Camp Look Like?

Example from Sports Camp

9:00-9:30	Flagpole (songs, skits, rules/routine reminders an introduction to the day)
9:30-10:15	Sport in Gym e.g. Basketball
10:15-10:45	Outdoor Sports Game e.g. Touch Football
10:45-11:00	Snack
11:00-11:30	Craft
11:30-12:15	Outdoor Field game e.g. Crab soccer
12:15-12:45	Lunch
12:45-1:15	Pool Transition
1:15-2:15	Swimming
2:15-2:45	Pool Transition/Snack
2:45-3:30	Gym Game/Outdoor Game
3:30-4:00	Flagpole

What Does a Typical Day At Stepping Stones Camp Look Like?

Example from Stepping Stones Camp

9:00-9:30	Flagpole (songs, skits, rules/routine reminders an introduction to the day)
9:30-10:15	Structured Activities
10:15-10:45	Snack
10:45-11:30	Arts and Crafts
11:30-12:00	Lunch
12:00-12:45	Gym Games
12:45-1:30	Imaginative Circle Time
1:30-2:15	Pool Transition
2:15-2:45	Swimming
2:45-3:15	Pool Transition
3:15-3:30	Snack
3:30-4:00	Journals

Leader in Training Level 1

The Leader In Training program (Level 1) is an engaging program designed for participants to acquire camp-related skills (canoeing, archery and large group leadership) while learning how to work as part of a team. Participants will learn about the YMCA and its core values as well as:

- Planning and delivering a “new” group game
- Special needs integration

- Observing campers in various age groups
- Debriefing about observation experiences
- Job search skills
- Asset building
- Group planning a theme Day Activity
- Youth Gambling Prevention

- \$160/2 week session (available weeks 1-2 and 3-4 must attend both weeks)
- Opportunity to sleep out to provide assistance and leadership to the Fundamentals sleep over
- Prerequisite: turning 14 years old in 2010
- Staff to Camper ratio is 1:15
- Bussing provided (see page 14 and 15 for locations & times)

Leader in Training Level 2

The Leader In Training program (Level 2) enhances the learnings of Level 1. While canoeing, swimming and playing games, participants will also learn the following skills through fun, creative sessions and hands-on experience:

- Team building, communication, trust, and support
- Conflict resolution
- Healthy Child Development and safety awareness at camp
- Behaviour management techniques
- Special needs integration

- Assisting with daily camper routines
- Placement within camper groups and debriefing of experience
- Individual planning of an activity for Theme Day
- Planning and delivering 3 “new” and different skill-building group games

L.I.T. Campers will be guided through these sessions by our professional staff. An evaluation will be done based on performance. A final report will be given to each participant.

- \$160/2 wk session (available weeks 5-6 and 7-8)
- Opportunity to sleep out to provide assistance and leadership to the Fundamentals sleep over
- Prerequisite: turning 14 years old in 2010; L.I.T. Level 1 must be completed
- Bussing provided (see page 14 and 15 for locations & times)
- Staff to Camper ratio is 1:15

Leader in Training Level 3

The L.I.T.s will have the opportunity to improve their skills by volunteering at an indoor camp and preparing themselves to be a Junior Counsellor in the following year. During this program, the L.I.T. will have an opportunity to complete a 4 week placement at one of the day camp's indoor sites (see page 10 for all locations). The L.I.T.s will be responsible for observing and shadowing a camp counsellor at an indoor camp program and during the last week, they will be responsible for delivering a large group game, a LOG (low organized game) and an arts and crafts activity.

- Weeks 2-5

- Week 6-9 (excluding Allan A. Greenleaf and Ryerson Heights Elementary School)
- Prerequisite: L.I.T. 1 & 2
- Participants are responsible for their own transportation to the indoor site location
- LIT level 3 is FREE
- Register by completing a registration form included in the brochure
- This volunteer position can be documented and verified for school or extra-curricular requirements

Junior Counsellor Positions

Once LIT participants complete level 3, and reach the minimum age of 16, they can apply to be a YMCA day camps Junior Counsellor. Junior Counsellors are responsible for attending pre-camp training, co-facilitating a group of campers with a staff member, and developing their own leadership style. Applicants who have completed the LIT levels and have demonstrated the competencies and skills for becoming a JC will receive first consideration. To apply, forward a copy of the participant's resume to the camp director. This position is un-paid, however, JC's will be reimbursed with a bi-weekly honorarium.

Special Needs Integration

Helping Hands

All children deserve a chance to make new friends, try new skills and experience the exciting opportunities that are available to them at summer camp. The YMCA of Hamilton/Burlington/Brantford along with Project Rainbow, the program wing of Reach for the Rainbow, is pleased to offer summer experiences for children with special needs through the Helping Hands program. The Helping Hands program offers 1:1 support for children with physical and developmental disabilities. Children in this program receive 1:1 support from YMCA trained staff while being fully integrated into a camper group. Through this support, campers can be included in all aspects of camp while still addressing the unique needs of their disability. 1:1 support facilitates friendships, skill development and independence while attending to the personal care and safety needs of the children.

- Cost: \$275/week (pro-rated at \$220 for week 5)
- You can register your child for a maximum of two weeks (more weeks may become available)

Reach for the Rainbow

Reach for the Rainbow is a registered charity serving children and young adults with developmental and physical disabilities from across Ontario. Working within the existing framework of programs supported by partnering agencies, Reach for the Rainbow works to provide integrated recreational, respite and outreach opportunities.

Reach for the Rainbow's goal is to promote an environment where children with exceptionalities can grow and mature with their peers, and discover their full potential.

In partnership with the YMCA of Hamilton/Burlington/Brantford, Reach for the Rainbow helps to maintain a commitment to providing integrated experiences for all children by assisting with staff training, consultation with families and weekly visits at camp.



In order to register your child in the Helping Hands program, please:

- 1) Contact Reach for the Rainbow at (416)-503-0088. If you are new to Reach for the Rainbow then request to sign up as a new participant (you can express your interest in the YMCA of Hamilton/Burlington/Brantford Day Camps during this process)-this service is free of charge. If you are already registered with Reach for the Rainbow then express your interest in the YMCA Day Camps. By becoming a registered participant, your child will then have access to any camp (both residential and day) that Reach for the Rainbow is partnered with.
- 2) In consultation with Karen Francis (Program Consultant from Reach for the Rainbow), request the weeks you would prefer your child to attend camp.
Karen Francis
Program Consultant
kfrancis@reachfortherainbow.ca
Telephone: 416-503-0088 • Fax: 416-503-0485
- 3) Once your camp weeks are confirmed with Karen Francis, fill out the YMCA Day Camps Official 2010 Registration form (please put "Helping Hands" under the camp choice next to the weeks confirmed). Please indicate on the registration form if camp costs will be billed to another organization (eg. SSAH, ACSD).
- 4) Fax, mail or drop off the registration form with payment to: *Christina Wood*
Special Needs and Behaviour Management Specialist
79 James Street South,
Hamilton, Ontario L8P 2Z1
Telephone: 905-317-4907 • Fax: 905-317-4917



Building Developmental Assets the YMCA Way!

SAFETY - Children are provided with a safe environment and taught skills to promote safety in their own program. The staff teach safe indoor and outdoor play with other children and appropriate social behaviours.

Bus Routes (for Camp Chippewa campers only)

Y M C A of Hamilton / Burlington / Brantford

Great Leaders are not born, they're made.
Welcome to the training ground

We help children reach their potential, at every stage of life.

Parent & Tot Programs • Drop in programs • Play Programs • Licensed Child Care
Child Minding Leadership Development • Swimming Lessons
Babysitting Certification Courses • After-School Programs

Hamilton: 905-529-7102 • Ron Edwards - Burlington : 905-632-5000
Flamborough: 905-690-3555 • Brantford: 519-752-6568
Les Charter, Hamilton Mountain: 905-667-1515



YMCA Wanakita


1000 acres on beautiful Koshlong Lake in the Haliburton Highlands

Summer Residential Kids Camp
1, 2 & 4 week overnight camps for 7-16 year olds starting July 4th, 2010

Summer Family Camp
9 one week (six nights, seven days) camps available starting July 4th, 2010
Sailing, boardsailing, kayaking, canoeing, swimming, performing arts, crafts, archery, wilderness and nature programs, high and low ropes course, 25 km of trails for hikes, bikes and incredible natural experiences, campfires, theme and wellness programs and much, much, more! Great staff, food, facilities... friendships, fun and learning at its best!

For more information contact 1-800-387-5081 or e-mail: info@ymca-wanakita.on.ca
www.ymca-wanakita.on.ca

School Age Child Care (SACC)



The YMCA School Age Child Care program operates in over 60 schools across Hamilton, Burlington, Flamborough, and Brantford. This program is committed to providing supervised licensed child care while delivering the YMCA core values of caring, respect, responsibility, and honesty.

This program operates every regular school day between September and June from 7:30 am until school begins and from after school dismissal until 6:00 pm. Select locations will also run programs on PD Days, Christmas and March Break.

Bussing Reminders

- On the first day of camp, your child will be given a colour corresponding bracelet – please leave this bracelet on for the remainder of camp. This bracelet will be used to identify your child at camp.
- All busses have at least one staff person (bus monitor) who rides the bus from beginning to end. All children under the age of 12 must be signed out by an adult (over the age of 16) the bus monitor.

Hamilton Busses (Lower City)

BLACK BIRDS (Lower Stoney Creek, Hamilton East)		
Departs At (AM)	LOCATION	Drops Off At (PM)
8:00	Stoney Creek Day Care, 105 King St., Stoney Creek	5:00
8:15	Sir Winston Churchill, 1715 Main St East	4:45
8:30	Pinky Lewis, 192 Wentworth St North	4:30
9:00	Camp Chippewa, Christie Conservation Area	4:00
ORANGE OWLS (Downtown Hamilton)		
Departs At (AM)	LOCATION	Drops Off At (PM)
8:15	Hamilton Downtown Family YMCA, 79 James St. South	4:20
9:00	Camp Chippewa, Christie Conservation Area	4:00
RED RHINOS (West Hamilton, Dundas)		
8:00	Earl Kitchener, 300 Dundurn St. South	5:00
8:15	Dalewood, 1150 Main St. West	4:45
8:25	Dundas Central Elementary School, 73 Melville St	4:35
8:40	Sir William Osler, 330 Governor's Road	4:20
9:00	Camp Chippewa, Christie Conservation Area	4:00

Hamilton Busses (Mountain)

GREEN GORILLAS (Hamilton Mountain)		
Departs At (AM)	LOCATION	Drops Off At (PM)
8:10	Highview Elementary School, 1040 Queensdale Ave	5:00
8:20	Fortino's, 65 Mall Road	4:45
8:30	Fortino's, 1550 Upper James Street (at Rymal)	4:30
9:00	Camp Chippewa, Christie Conservation Area	4:00
GOLDEN GOOSE (Binbrook, Hamilton Mountain, Ancaster)		
Departs At (AM)	LOCATION	Drops Off At (PM)
8:00	St. Mark's Elementary, 43 Whitedeer Rd (close to Binbrook, across from Wal-Mart)	5:00
8:15	Les Charter YMCA, 356 Rymal Road East	4:45
8:30	Rousseau Public School, 103 McNiven Road	4:30
8:40	C.H. Bray, 99 Dunham Drive	4:20
9:00	Camp Chippewa, Christie Conservation Area	4:00
BROWN BEARS (this bus route is only for campers attending extended care at this site)		
8:15	Southgate Church, 120 Clarendon Road	4:20
9:00	Camp Chippewa, Christie Conservation Area	4:00

- While we make every effort to adhere to the bus schedule, we place an emphasis on safety and ask parents to arrive 5-10 minutes before the scheduled time. Please include cell phone numbers for all authorized pick-ups in the event of a delay.
- The bus you choose to transport your child must be the same for drop off and pick up for the entire week.
- Busses will wait 5 minutes for children to be signed out before moving on to the next stop. Adults who arrive after the bus has departed must then pick up at their local YMCA (for Hamilton - lower city routes will go to the Downtown YMCA; mountain routes will go to the Les Chater YMCA or at a future bus stop on the route. The late fee will be applied).

Burlington Busses

BLUE BUFFALOS		
Departs At (AM)	LOCATION	Drops Off At (PM)
8:00	Appleby Church, 4407 Spruce Avenue	5:00
8:15	Assumption High School, 3230 Woodward Avenue	4:45
8:25	Tom Thomson Elementary School, 2171 Prospect Street	4:35
8:35	IKEA, 1065 Plains Road East	4:25
9:00	Camp Chippewa, Christie Conservation Area	4:00

SILVER SHARKS (this bus route is only for campers attending extended care at this site)

Departs At (AM)	LOCATION	Drops Off At (PM)
8:15	Ron Edwards Family YMCA, 500 Drury Lane	4:20
9:00	Camp Chippewa, Christie Conservation Area	4:00

TURQUOISE TURTLES

Departs At (AM)	LOCATION	Drops Off At (PM)
8:00	Tansley Woods Community Centre, 1996 Itabashi Way	4:35
8:25	St. Elizabeth Seton Elementary School, 5070 Dryden Ave	4:25
9:00	Camp Chippewa, Christie Conservation Area	4:00

WHITE WHALES

8:00	Clarksdale Elementary School, 2399 Mountainside Dr	5:00
8:10	Sir Ernest MacMillan, 1350 Headon Road	4:50
8:25	Notre Dame School, 2333 Headon Forest Drive	4:35
8:40	Brant Hills Community Centre	4:20
9:00	Camp Chippewa, Christie Conservation Area	4:00

Flamborough Busses

PURPLE PENGUINS		
Departs At (AM)	LOCATION	Drops Off At (PM)
8:10	Allan A. Greenleaf School, 211 Parkside Drive	4:50
8:30	Flamborough School, 922 Centre Road	4:30
8:40	Carlisle Arena, 1496 Centre Road	4:20
9:00	Camp Chippewa, Christie Conservation Area	4:00

Brantford Busses

YELLOW YAKS		
Departs At (AM)	LOCATION	Drops Off At (PM)
8:00	Ryerson Heights, 33 Dowden Ave	5:00
8:15	Bellview School, 97 Tenth Avenue	4:45
8:30	Mohawk Park, Lynnwood & Glenwood Drive	4:30
9:00	Camp Chippewa, Christie Conservation Area	4:00

PINK PANDAS

Departs At (AM)	LOCATION	Drops Off At (PM)
8:00	Brantford Family YMCA, 143 Wellington St.	5:00
8:15	St. Mark's Anglican Church, 155 Memorial Drive	4:45
8:30	Notre Dame School, 238 Brantwood Park Road	4:30
9:00	Camp Chippewa, Christie Conservation Area	4:00

Those stops highlighted in red indicate an extended care site.

Privacy Policy

Your information is used only for the purpose for which it was given to us. It will not be shared, sold, or loaned to any one or any business. To read the complete YMCA Privacy Policy, please visit www.ymcahbb.ca.

YMCA Day Camp Parent Survey

On our registration form we have included a line for your e-mail. We will be e-mailing families at random to send you our Parent Satisfaction Survey in order to learn more about how we can meet the needs of our families.

For over 100 years, YMCA Day Camps have been for campers to grow, learn and belong.

The YMCA of Hamilton/Burlington/ Brantford Day Camps are committed to providing a variety of programs for children aged 4 to 15 at various locations throughout Brantford, Burlington and Hamilton.

As accredited members of the Ontario Camps Association, and registered members of High Five, we aim to deliver convenient, affordable and quality programs that will provide campers with experiences and memories that will last a lifetime. Enthusiastic and responsible YMCA staff deliver creative and dynamic programs that help campers develop social skills, increase self esteem and become more physically active.

Of all the experiences in a child's life, participation in a camp ranks among the most rewarding and enduring. YMCA camps will continue to teach children the meaning of caring, honesty, respect and responsibility through positive interactions with YMCA trained staff. Each day at camp creates not only long lasting memories, but unique stories and encouraging feedback. In addition to informal sharing, parents will have the opportunity to complete a parent satisfaction survey. In 2009, the YMCA of Hamilton/Burlington/ Brantford Day Camps ranked above the national average and in 2010 our goal is to continue to be a leader in this area.

As role models, leaders, and friends, we endeavor to build personal relationships with both campers and families, continuing the tradition of growing, learning and belonging.

Samantha Tubman – *Director of Day Camping*

Christina Martin – *General Manager*



YMCA of Hamilton / Burlington / Brantford
79 James St. South, Hamilton L8P 2Z1

Charitable Registration # 10808 3825 RR0001



Charitable Mission

The YMCA of Hamilton/Burlington/Brantford is a charitable organization helping people achieve personal growth in spirit, mind and body through participation and service to the community.

Vision

Creating healthy communities in which individuals and families have opportunities to reach their potential.

Core Values

Committed to helping children grow by teaching and reinforcing **CARING, HONESTY, RESPECT, and RESPONSIBILITY.**

For more information contact your local YMCA branch or visit our web site: www.ymcahbb.ca

Brantford Family YMCA • 519-752-6568

Flamborough Family YMCA • 905-690-3555

Hamilton Downtown Family YMCA • 905-529-7102

Les Chater Family YMCA • 905-667-1515

Ron Edwards Family YMCA • 905-632-5000

www.ymcahbb.ca



YMCA

We build strong kids,
strong families, strong communities.