



## NEWS

### **YMCA CELEBRATES EXPANSION TO THE FLAMBOROUGH HEALTH AND WELLNESS CENTRE AND YOUTH CENTRE**

May 7, 2010

FLAMBOROUGH, Ontario - The YMCA of Hamilton/Burlington/Brantford held an official ceremony today to celebrate the beginning of work to expand the Flamborough Family Health and Wellness Centre, and Youth Centre.

David Sweet, MP for Ancaster-Dundas-Flamborough-Westdale; Ted McMeekin, MPP for Ancaster-Dundas-Flamborough-Westdale; and Jim Commerford, President & CEO of the YMCA of Hamilton/Burlington/Brantford, were pleased to be part of the event to launch this important community recreational infrastructure project.

The expansion of the Flamborough Family YMCA also includes a new Youth Centre. This new facility will meet an increased demand in the community for access to leadership and skill development, as well as health, fitness and recreation programs. Flamborough and area residents will also have access to innovative health care programs developed in partnership with the YMCA, Hamilton Health Sciences and McMaster University.

The governments of Canada and Ontario and the YMCA have each contributed more than \$588,000 to the \$1,765,000 project.

"These upgrades will ensure this community centre will be able to serve families, friends, and neighbours for years to come," said MP Sweet. "Our government is creating jobs and investing in recreation facilities across Ontario to stimulate local economies and improve quality of life."

"I am very pleased to see our governments, as part of our Open Ontario Plan, is investing in infrastructure that promotes healthy, active living, as well as strengthening our economy and creating jobs," said MPP McMeekin. "Beyond that, this facility will serve as a hub for this community, where families can meet and build relationships."

"The YMCA is thrilled to have the generous support of the provincial and federal governments," said Jim Commerford. "This funding will allow the YMCA to expand innovative community-based programs, such as providing a safe and friendly environment for youth, or assisting even more children and families to adopt healthier lifestyles."

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**YMCA of Hamilton/Burlington/Brantford**

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This project is one of more than 760 across the province that is moving forward thanks to a joint federal-provincial investment of more than \$380 million under the Recreational Infrastructure Canada (RInC) Program in Ontario and the Ontario Recreation Program (Ontario REC). The governments of Canada and Ontario teamed up to support Ontario's communities and create jobs by improving recreational infrastructure, as these types of projects also encourage higher levels of participation in physical activity and community building. For more information on this initiative, please visit [www.rinc-on.ca](http://www.rinc-on.ca).

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