

Lindsay Route

- From Hwy 401 in Toronto, continue east past Oshawa
- After Bowmanville, turn North onto Hwy 35/115
- After Hwy 35 exits from Hwy 115 follow it past Lindsay and Cameron to the turnoff of County Road 121
- Follow County Road 121 north through Fenelon Falls and Kinmount.
- Now follow the directions in the Orillia route from Kinmount to YMCA Wanakita.

From Haliburton

- From the main road through Haliburton (Highland St.)
- At the lights before the high school (at the airplane) turn left onto Gelert Rd (County Road 1)
- Follow County Road 1 to Donald.
- At Donald turn left onto Koshlong Lake Road.
- Follow Koshlong Lake Road past the ruins of the old factory and over a bridge
- Travel 4 km, stay right at the fork with YMCA Wanakita Sign to our Main Office (turn left into the parking lot at the totem pole)
- Welcome to YMCA Wanakita!

Approximate driving times from:

Toronto	2 ½ to 3 hrs
Hamilton	3 ½ to 4 hrs
Ottawa	3 ½ to 4 hrs
Kingston	3 ½ to 4 hrs
Lindsay/ Peterborough	1 ½ to 1 ¾ hrs

For further detail or alternate routes please refer to an Ontario road map or Google Maps

Summer Family Camp 2011



Information Booklet

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Directions to YMCA Wanakita 1883 Koshlong Lake Road

Please note that most GPS systems tend to direct you to an incorrect road. We encourage you to follow the directions below!

Orillia Route

- From Hwy 401 in Toronto, take Hwy 400 North
- Follow Hwy 400 North through Barrie
- Just past Barrie take Hwy 11 North exit to Orillia
- At Orillia take the Hwy 12 South exit. (Follow the Casino Rama signs to Rama Road)
- Turn left at the traffic lights onto Rama Road (Simcoe County Rd 44) and follow it for about 2 ½ kms.
- Turn right onto County Rd 45 – Monck Road (old Hwy 503) across from the Fern Resort
- Continue along County Rd 45 (through Sebright, Uphill), straight through lights in Norland
- At Kinmount, turn left onto Victoria County Road 121.
- Follow County Rd 121 north for about 5 ½ km
- Turn right onto Gelert Rd (County Road 1).
- Follow this road for 24 km (through Gelert and Lochlin).
- At Donald turn right onto Koshlong Lake Road.
- Follow Koshlong Lake Road past the ruins of the old factory and over a bridge. Travel 4 ½ kms, stay right at the fork to our Main Office (turn left into the parking lot at the totem pole)
- Welcome to YMCA Wanakita!

Highway 48 Route

- From Hwy 401 in Toronto, take Hwy 404 North to Newmarket.
- Take the Davis Drive exit in Newmarket.
- Turn right on Davis Drive and follow it to Hwy 48.
- Turn left (north) onto Hwy 48
- Turn left at Hwy 12
- Merge right onto County Road 48 and follow it until it ends at Hwy 35 near Coboconk.
- Turn left (north) onto Hwy 35 and follow it to Norland.
- At Norland, turn right at the stop light onto Victoria County Road 45 and follow it to Kinmount.
- Now follow the directions in the Orillia route from Kinmount to YMCA Wanakita.

you are interested in attending a different week or would like to stay in a different cabin, please identify your request on the pre-booking form. All requests will be considered after the pre-booking deadline, depending upon availability. Pre-booking forms must be returned to the Family Camp Director by **October 15th** with a \$200 deposit. **If you have not received a pre-booking form from us by September 15th, please contact the Wanakita office.**

For over 30 years, Wanakita has been providing a unique opportunity for families to learn, laugh and grow together. We are proud of our Summer Family Camp tradition, where families gather every session to form a rich and diverse community.

If you will be joining our Family Camp community this summer, please take the time to review this booklet. We have included as much information as possible to help you prepare. Of course, do not hesitate to contact us with any questions. We look forward to the summer, and are confident that you will have the time of your life!

Ruth Mills

Family Camp Director

Andy Gruppe

Acting General Manager

2011 Family Camp Dates

Week 1	Sunday July 3 rd – Saturday July 9 th
Week 2	Sunday July 10 th – Saturday July 16 th
Week 3	Sunday July 17 th – Saturday July 23 rd
Week 4	Sunday July 24 th – Saturday July 30 th
Week 5	Sunday July 31 st – Saturday August 6 th
Week 6	Sunday August 7 th – Saturday August 13 th
Week 7	Sunday August 14 th – Saturday August 20 th
Week 8	Sunday August 21 st – Saturday August 27 th
Week 9	Sunday August 28 th – Saturday September 3 rd

Sunday Arrival

We will be ready to welcome you **after 12 noon** on Sunday, where a buffet lunch will be provided between 12:30pm and 2:00pm.

Saturday Departure

We ask that all families depart **before 2:00pm** on Saturday, to ensure that we are able to prepare for the next group of campers.

We are not able to accommodate early arrivals or late departures. Thanks for understanding!

What is a “Family”?

To join the Wanakita Family Camp community, we simply require that your group contain **two or more generations**. Besides that, your family is welcome to come in any size, shape, or form. Whether you are grandparents, single parents, foster children, neighbours, or anything in between: there is a place for you at Wanakita!

Camp Life

As a YMCA camp, Wanakita is committed to building Strong Kids, Strong Families, and Strong Communities. The Family Camp program is designed to encourage such growth, with an emphasis on character and leadership development. The YMCA of Hamilton/Burlington/Brantford and Wanakita believe that four values are particularly important to this development: **Caring, Honesty, Respect, and Responsibility**. As such, all of our staff operate by these values, and we expect our participants to do the same. By being considerate of others and treating each other with respect and dignity, we will work together to create a shared experience that all can enjoy.

Behaviour that prevents others from enjoying a positive camp experience will not be tolerated at camp. Fighting, bullying, and other physical or social abuse, swearing and stealing have no place at Wanakita.

Wanakita is an inclusive camp. We believe that every person has the right to experience camp, no matter their economic status, ability, gender identity, culture, or race. At Family Camp we work hard to foster a community where all participants are welcomed and treated equally. This is reflected in our core values listed above, and is accomplished based on all of our participants' commitment to these shared values.

Please remember that Wanakita family camp is a small community itself. Adhering to the guidelines presented in this booklet, other literature sent to you, and provided at the community meeting will help to ensure that everyone's stay here is enjoyable.

Illegal Drugs

In order to protect the integrity of our camp community and to ensure the safety and success of all participants and staff, illegal drugs are not permitted on Wanakita property. If campers are found in possession of illegal drugs, police will be contacted and the family will be asked to leave.

Campfires

Campfires are a wonderful way to get to know your fellow Family Campers! We encourage you to join other groups and families at our designated fire pits. To help us maintain our site, **please do not create additional fire pits**. Have fun, sing away and tell great stories! Remember to keep noise to a minimum after 10:00pm and always drown your fire with the provided water buckets.

Cancellation and Refund Policy

Summer Family Campers are required to cancel at least 2 months prior to their week at camp in order to receive a full refund less an administrative fee (15% of overall fee **or** \$50.00 per family – whichever is less). No refunds will be issued after this time, unless a family encounters an exceptional circumstance (ie. medical or emergency family situation). All refund requests must be made in writing.

Outstanding Balances

To guarantee your cabin at Family Camp, your balance must be paid by April 30th. Please contact Ruth Mills at 1.800.387.5081 ex. 245 or ruth_mills@ymca.ca to make arrangements. We reserve the right to charge any outstanding balance to your credit card on file if other methods of payment are not provided by the payment due date. A \$35.00 administrative fee will be added to any NSF or declined payments.

Pre-Booking

Families planning to return to Wanakita the following summer are given the opportunity to submit a pre-booking form before our regular registration period opens. Please note that the pre-booking form only **guarantees the same week and same cabin**. If

Fishing

The Ministry of Natural Resources requires that all individuals between the ages of 18 and 65 hold a Fishing License to fish in Ontario. You are encouraged to bring your own fishing gear if you are interested in catching some of Koshlong Lake's Lake Trout or one of its several species of Bass.

Smoking

On Wanakita East (which is where Family Camp operates), smoking is only permitted in the designated smoking area in addition to the following regulations:

- No smoking in any buildings or near entrances to buildings.
- No smoking during program instruction.
- All cigarette butts must be placed in butt tins or ashtrays, **never on the ground.**

Please be aware that all other areas at Wanakita are designated as non-smoking.

Alcohol

Alcoholic beverages are permitted on site during Family Camp. If you choose to bring alcoholic beverages to Family Camp, **we ask that you enjoy them with discretion** to ensure the safety and comfort of all members of the camp community.

Please note the following regulations:

- Please do not bring any glass containers outside of your cabin. (Bring beer in cans, store wine or spirit bottles carefully)
- Use plastic glasses or **refillable mugs**
- Please respect our site and dispose of all empty cans or bottles in the appropriate location.
- Alcohol is not permitted at meal times except on Friday's Banquet Night.
- Please do not consume alcohol before participating in or during any program, your safety and the safety of others may be at risk.
- If a participant has been drinking, staff may ask participants to leave areas if they feel there is a safety concern.

What to Bring to Camp

The better prepared you are for the weather, the more enjoyable your experience at Family Camp will be. Consider bringing clothing for both warm days and cold nights (and potentially the other way around!). Most importantly, bring clothing and items that you won't mind getting dirty- it is camp after all! The following is a suggested packing list.

- | | |
|--|--|
| <input type="checkbox"/> T- Shirts | <input type="checkbox"/> Sun Hat |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> Fan |
| <input type="checkbox"/> Pants | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Long Sleeved Shirts | <input type="checkbox"/> Water Bottle |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Sun Screen |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Travel Mug |
| <input type="checkbox"/> Jacket | <input type="checkbox"/> Toiletries, Soap, Shampoo |
| <input type="checkbox"/> Raincoat & Rubber Boots | <input type="checkbox"/> Bug Repellent |
| <input type="checkbox"/> Pajamas | <input type="checkbox"/> Yoga Mat |
| <input type="checkbox"/> Bathing Suit | <input type="checkbox"/> Space Heater (for cold nights) |
| <input type="checkbox"/> Towels | <input type="checkbox"/> Bike and Helmet |
| <input type="checkbox"/> Shoes (Hiking, Running, Swamping) | <input type="checkbox"/> Bedding (Sleeping Bag, Pillow, Sheets, Blankets – note that all camp beds are twin sized) |
| <input type="checkbox"/> Warm Sweater | |

We also encourage you to bring any items that will make your time at camp feel more like home, such as: beach chairs, throw rugs, stuffed animals, musical instruments, a camera, fishing equipment, folding table, cards, baseball gloves, lamps, radio, bikes etc.

Items such as stereos, video games, iPods, cell phones, CD collections, precious or expensive clothing or jewellery should not be brought to camp. Wanakita will not be responsible for replacing items that are lost, damaged, or stolen during your stay.

Wanakita is fortunate to have clear blue sunny skies for most of the summer, but rainy days do occur and camp programs often continue regardless of the weather. A good raincoat and appropriate footwear are crucial.

The Wanakita Staff

At Wanakita Family Camp, we firmly believe that a camp experience is only as great as its staff. Based on this, we search far and wide for the most exceptional staff that we can find! Our team is made up of energetic, passionate, caring and committed individuals. Our valuable staff members carry a number of First Aid, CPR, lifeguarding, and specialized certifications. We also require that all staff members complete a Criminal Reference Check. The Family Camp Staff live on site in staff housing, ensuring that there is a staff member available 24 hours a day in the event of an emergency.

Visitors and Guests

At Wanakita we are limited by our program and our site, making it difficult to accommodate additional people. If you are hoping to have family members or friends join you for a portion of your time at camp, it is necessary that you communicate this to the camp office. To ensure the safety of all participants, Wanakita must know who is on site at all times. Also note that when visitors or guests arrive at Wanakita they must check in at the main longhouse office between 9am and 5pm.

What is a **visitor** versus a **guest**?

- A **visitor** comes to camp for a short period of time (1 – 2 hours) and does not participate in program or stay for a meal.
- A **guest** is a registered, paying camper (has given information to the camp office) who will spend a portion of 6 days at Family Camp. Partial week participants will be fully involved in camp activities including meals and programs.

If your family would like to tour our kids camp on Wanakita West, please stop by the office and sign up for a guided tour. **We highly discourage drop-in visitors for both sides of camp.** If your family or anyone you know is interested in learning more about Wanakita please attend our Strawberry Social and Open House to see both Wanakita West and East and find out about all of our programs (see last page of booklet for more information).

Boating

As part of our weekly program schedule, there will be a number of scheduled opportunities for canoeing, kayaking, sailing, and windsurfing. If you or your family would like to use any of our waterfront equipment outside of the scheduled times, you are more than welcome. To ensure that you have a safe and positive experience during the unsupervised usage of our watercrafts, we will review all related policies and safety procedures on our first day together.

Pets

Many families see their family pet as part of the family and we understand that some of you would like to bring this family member along. **If you choose to bring your pet please let us know in advance.** We are required to strictly follow a number of regulations to ensure that all families, pets and local wildlife are safe.

- Pets must be on a leash at all times when outside of your cabin.
- Pets are not permitted inside any building other than your assigned cabin.
- Families are required to clean up after their pet and deposit all waste appropriately.
- Pets are not allowed to swim in the swimming dock area
- Some cabins will be set aside as pet free for those who have allergies.

In the event that owners are not able to follow these regulations, or pets become noisy, destructive or threatening, owners will be required to remove their pets from the camp property.

IMPORTANT: Haliburton Kawartha Pine Ridge Health Unit requires that Wanakita have on file the proof of rabies Vaccination for all visiting pets. Please bring a copy with you to leave when you check in.

Boats, Seadoo's, ATV's etc.

We ask that you leave any motorized land or water vehicles at home during your stay at Wanakita Family Camp. As mentioned earlier, all activities are within walking distance, and a valuable part of Family Camp is the opportunity to engage with your natural surroundings. In addition, our camp site is not designed to support motorized vehicles.

Ice & Wood

Ice will be available for purchase at the tuck shop for \$2.50 a bag. Wood will be available for purchase at the tuck shop for \$3.50 a bundle.

*** Proceeds from ice and wood sales go directly to our Strong Kids Fund, which helps us make the cost of camp accessible to all families.**

Parental Responsibility

The Family Camp program structure relies on a unique blend of staff supervision and parent/guardian responsibility. When a child is attending a camp program that does not require a parent/guardian to be present, the on-duty staff member is considered responsible for the camper. At all other times, parents or guardians are responsible for the safety of their children. For the safety of our campers, we ask that parents/guardians bring young children to their programs and pick them as soon as the program has ended. This allows the Family Camp staff member to focus on preparing for the next program. **Programming is not available in Kids Corner for children under the age of 3 unless accompanied by an adult;** young children are welcome in all program areas as long as they are accompanied by an adult.

Laundry Facilities

For environmental and practical purposes, we are not able to provide laundry service. Our septic system was designed to manage our kitchen and washroom/washhouse waste water and simply cannot handle the addition of laundry. Of course, in the event of a laundry emergency, please connect with the Family Camp Director who will assist you with your needs.

Accommodations

During your stay at Wanakita, your family will share a rustic but comfortable cabin. Each cabin has electricity, bunk beds or single beds, storage units, and basic cleaning equipment. **Cabins are not insulated and bedding is not supplied.** As mentioned above, we encourage you to bring personal items to make your cabin feel more like home. At Family Camp there are three centralized washroom complexes with toilets, sinks, and showers.

There is a 10:00pm noise curfew in effect on the lake. Please consider your fellow campers as well cottagers on the lake.

Communication – Internet, Phone & Mail

It is hard to believe that with all of the fun happening at Family Camp, our campers can find time to connect with the outside world! Should you need to get in touch with someone, Wanakita has a number of pay phones on site and sends outgoing mail daily. Email and internet are only accessible through our payphones. To access the modem hook up, you will need a Bell phone card. Also be aware that Wanakita is in a 'dead zone' for cellular service. In case of an emergency, family can dial 1-800-387-5081 to reach you at camp.

Health and Wellness

While the Family Camp staff team is trained and certified in First Aid, Family Camp does not have a medical professional on site. Should you require medical attention from a nurse or doctor you can access either the Walk-in Clinic or 24-hour Emergency department at the Haliburton Highlands Hospital. Clinic hours are 8:30am - 4:30pm, Monday through Friday. Both the clinic and hospital are on County Road #1, on your way into Haliburton. As we do not have medical staff on site, we ask that you bring any medications or health supplies that you may require during your stay at camp.

Emergencies at Camp

At Wanakita Family Camp, we sound a siren in the event of a land or water emergency. If you hear this siren, we ask that you go immediately to the basketball court and await further instruction from Wanakita staff. A siren will be sounded repeatedly in 3 short bursts for a High Wind/Tornado Warning. If you hear this siren please gather in the basement of the main dining hall. All of our emergency procedures are reviewed with campers at the beginning of each week.

Personal Vehicles

Family Camp provides a unique context for our campers to spend time together outside, which helps to build relationships and strengthen our community. One manner in which we encourage these times together is by limiting the use of vehicles on site. We require that all vehicles remain parked in the designated parking lots during your stay. Cars may be driven close to your cabin for loading and unloading only. All activities are a short walk from your cabin and driving from area to area is not necessary.

Programs

A week at camp is not complete without high quality and engaging programming! We at Family Camp are proud of the programming that we provide, where we offer a balance of optional activity choices to cater to a variety of interests and age groups. Every week has a unique program schedule, with a number of opportunities for formal instruction and/or recreation. Here is an idea of some of the programs offered every week:

- Canoeing
- Kayaking
- Sailing
- Windsurfing
- Arts & Crafts
- Performing Arts
- Archery
- High & Low Ropes
- Swimming
- Beach Volleyball
- Horseshoes
- Tent Camping
- Talent Night
- Campfires
- Yoga
- Paddle Making
- Organized Sports
- Environmental Programs

Swimming

All Wanakita Family Camp waterfront staff have current lifeguarding certifications. Lifeguards will be on duty on the swimming docks at posted times. At all other times the swimming area will not be guarded and campers swim at their own risk. We ask that no children under 18 should be swimming without parent or staff supervision.

Bicycles

Family Campers are welcome to bring their bikes to Wanakita. It is our policy that **a helmet is required for all ages when riding a bike.** You are welcome to use your bike to travel between program areas on site. Should you choose to do so, we ask that you bike safely and keep an eye out for pedestrians (of which there are many!) You are also permitted to bike on the designated trails of our 25km backcountry trail system. If you would like to go for a longer bike ride, we suggest the cottage roads surrounding Wanakita and Koshlong Lake and can provide you with a map if you are interested. We want to keep you safe, so please be sure to tell a family member if you are biking off site, and what time you expect to return. Better yet, we suggest that you bring a friend. A bike ride is safer and much more fun with company.

Food Services

We are very proud of our food services at Wanakita Family Camp! We are committed to providing our families with nutritious meals that cater to both our adult and child campers. As part of your stay at Wanakita, you are provided with breakfast, lunch and dinner served family style in our dining hall. Each program day also ends with an evening snack. As part of the Family Camp community, families work together to set and clear tables before and after every meal. **If you did not indicate any dietary needs or restrictions on your registration form please do so before you arrive and our kitchen staff will do their best to accommodate you.**

YMCA Wanakita...

...on the shores of KOSHLONG LAKE in the HALIBURTON HIGHLANDS
Cordially invites you to our

ANNUAL OPEN HOUSE & STRAWBERRY SOCIAL

SUNDAY, JUNE 26th, 2011 - 12:00 noon to 6:00 pm

Our 1000 acre site will be open for tours and full use of our program areas (swimming, canoeing, kayaking, climbing wall, high and low ropes course, crafts, wilderness and environmental centre, museum, archery and more) between 12:00 and 6:00 pm.

A **delicious buffet dinner** with strawberry delights and dessert treats will be served between 1:00 and 6:00 pm.

Cost: Open house, use of site - free
Buffet dinner is \$7.00/adult, \$5.00/child (16 & under)
\$20.00 family rate (immediate family only)

Arrive anytime between 12:00 noon and 6:00 pm. There is no need to register.

We also welcome you to attend our...

Mother & Daughter Weekend - *May 6th – 8th*
Women's Weekends – *September 23th – 25th & September 30th – Oct 2nd*
Family Weekend – *June 10th – 12th*
Family Thanksgiving – *October 7th – 10th*
Work Weekends – *April 29th – May 1st & October 28nd – 30th*

To register please complete the online registration form at www.ymca-wanakita.on.ca or print off the registration and mail it with payment to YMCA Wanakita, 1883 Koshlong Lake Road, Haliburton, ON, K0M 1S0 or fax to 705.457.1597.

YMCA Wanakita

For more information about any of our programs contact us at:

YMCA Wanakita
1883 Koshlong Lake Road
Haliburton, Ontario
K0M 1S0

Phone: 705-457-2132 or 1-800-387-5081

Fax: 705-457-1597

E-mail: info@ymca-wanakita.on.ca

Website: www.ymca-wanakita.on.ca

Our Mission

The YMCA of Hamilton/Burlington/Brantford is part of a worldwide movement of volunteers, staff, members and participants dedicated to the growth of all persons in spirit, mind and body.

Our Vision

The YMCA of Hamilton/Burlington/Brantford is a charitable organization that involves a growing number of members and participants who reflect the diversity of the total community. We build strong kids, strong families and strong communities.

Other Branches

Career Development and Learning Centre
The Hamilton Downtown Family YMCA
The Ron Edwards Family YMCA
Flamborough Family YMCA
Family & Children Services
Brantford YMCA

