

Y M C A of H a m i l t o n / B u r l i n g t o n

2008 YMCA Strong Kids Campaign

Year-End Report



Dear YMCA Donor,

Last year, the YMCA helped thousands of children and youth from low-income families access YMCA programs. They built new skills, found a place to belong, and had fun.

As a YMCA donor, YOU made this possible. Thank you!

I am delighted to report that we have exceeded our goal to raise \$735,000, with a current total of \$747,827 raised.

As well, YMCAs in Ontario received a grant of \$1.25 million from the Ministry of Health Promotion, to help many more children get to the YMCA.

Please review the following report on the children and youth that gained access to a YMCA program, and the impact it's had on their lives. It is truly remarkable what we are able to accomplish together.

In this turbulent economic cycle, your gifts and support are even more necessary and appreciated.

Regards,

Brian Heagle

Chair 2008 YMCA Strong Kids Campaign

Chair, Board of Directors, YMCA of Hamilton/Burlington



“Last year, the YMCA helped thousands of children and youth from low-income families access YMCA programs.”

2008 YMCA Strong Kids Campaign

Thousands of children and youth participated in YMCA programs in 2008, who otherwise would be unable to, without the support of our many donors. They had fun, made new friends, and most importantly, built lasting skills for their future.

YMCA & Developmental Assets

YMCA Canada uses the Developmental Assets® framework from the Search Institute, in the design and evaluation of all YMCA programs in Canada.

Developmental Assets are common sense, positive experiences and qualities that help influence choices young people make and help them become caring, responsible adults.

Grounded in extensive research in youth development, resiliency, and prevention, Developmental Assets represent the relationships, opportunities, and personal qualities that young people need to avoid risks and to thrive.

Studies of more than 2.2 million young people consistently show that the more assets young people have, the less likely they are to engage in a wide range of high-risk behaviors, and the more likely they are to thrive.

Assets like having a positive relationship with a caring adult, other than a parent; or a regular commitment to exercise and physical activity.

The average young person today experiences fewer than half of the 40 assets. That's where the YMCA comes in.

For more information on the 40 Developmental Assets, visit www.search-institute.org.

YMCA Health, Fitness & Recreation

Over 2000 children and youth received financial support to access YMCA centres in Burlington, Hamilton and Flamborough, to participate in traditional YMCA sports and recreation programs that build self-confidence to take on new challenges and help them develop an interest in good health.

YMCA Community Outreach

There are thousands of children living in lower-income neighbourhoods without easy access to a YMCA centre. The YMCA reaches out to these children by providing community-based outreach program in their schools and other centres. In 2008, **410 children** were provided with fully subsidized access to after-school and summer programs, like the highly successful Virtual YMCA, where the children get help with their homework, reading programs, sports and recreation programs, social values education and a nutritional snack.

YMCA School-Age Child Care

More than one hundred families received subsidized access to child care sites for their children before and after school. While their parents worked, the children had a safe place to have fun, to socialize with other children, and to get help with their homework.

YMCA Day Camp

135 families received reduced fees so their children could take part in a YMCA Summer Day Camp program where they participated in sports and recreation programs, and experienced the outdoors at Christie Conservation Area.

YMCA Wanakita

More than 340 children and youth benefited from subsidized access to YMCA Wanakita, our year-round outdoor education centre in the Haliburton Highlands. The children and youth developed self confidence and independence, while learning to respect and understand our environment.

YMCA Pre-School

82 families received uninterrupted access to safe, licensed pre-school child care programs at a YMCA Child Care centre.

YMCA Career Development & Learning

More than 140 youth in our community received sponsored access to our YMCA Career Development and Learning Centres that offer a number of personal development, support programs and job counseling services.

YMCA International

1100 Zambian youth were provided with an HIV-Aids education and prevention program through our international partnership with the YMCA of Zambia.

THANK YOU!

To our many donors and volunteers, thank you for making a difference in the life of children and youth in our community and beyond.

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